
































## Seven Island, Newmans Thorofare, NJ - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:44	3.2	7:12	4.0	12:50	0.4	12:51	0.3	5:31	8:18	
2	Fri	7:33	3.3	7:54	4.2	1:38	0.2	1:35	0.2	5:31	8:19	
3	Sat	8:19	3.4	8:37	4.4	2:28	0.0	2:22	0.2	5:31	8:19	
4	Sun	9:06	3.4	9:23	4.5	3:18	-0.1	3:12	0.1	5:30	8:20	
5	Mon	9:56	3.4	10:13	4.4	4:08	-0.2	4:02	0.1	5:30	8:21	
6	Tue	10:50	3.4	11:07	4.3	4:56	-0.2	4:53	0.2	5:30	8:21	
7	Wed	11:49	3.4			5:45	-0.2	5:45	0.2	5:30	8:22	
8	Thu	12:06	4.2	12:51	3.5	6:36	-0.1	6:43	0.4	5:29	8:22	
9	Fri	1:07	4.0	1:51	3.5	7:32	0.0	7:49	0.5	5:29	8:23	
10	Sat	2:06	3.9	2:48	3.6	8:31	0.1	9:00	0.6	5:29	8:24	
11	Sun	3:02	3.7	3:43	3.8	9:30	0.1	10:08	0.5	5:29	8:24	
12	Mon	3:59	3.6	4:39	3.9	10:26	0.1	11:10	0.4	5:29	8:24	
13	Tue	4:57	3.4	5:35	4.0	11:18	0.1			5:29	8:25	
14	Wed	5:57	3.4	6:29	4.1	12:06	0.3	12:06	0.1	5:29	8:25	
15	Thu	6:53	3.3	7:17	4.1	12:57	0.2	12:52	0.2	5:29	8:26	
16	Fri	7:43	3.3	8:01	4.1	1:46	0.2	1:38	0.2	5:29	8:26	
17	Sat	8:30	3.3	8:42	4.1	2:34	0.1	2:23	0.3	5:29	8:26	
18	Sun	9:14	3.3	9:23	4.0	3:20	0.1	3:08	0.4	5:29	8:27	
19	Mon	9:59	3.2	10:03	3.9	4:03	0.1	3:51	0.5	5:29	8:27	
20	Tue	10:44	3.2	10:44	3.8	4:44	0.2	4:33	0.6	5:30	8:27	
21	Wed	11:30	3.1	11:26	3.6	5:22	0.3	5:12	0.7	5:30	8:28	
22	Thu			12:18	3.1	5:59	0.4	5:51	0.8	5:30	8:28	
23	Fri	12:09	3.5	1:06	3.1	6:37	0.5	6:33	0.9	5:30	8:28	
24	Sat	12:54	3.3	1:51	3.1	7:17	0.6	7:22	1.0	5:31	8:28	
25	Sun	1:38	3.2	2:33	3.2	8:01	0.6	8:21	1.1	5:31	8:28	
26	Mon	2:22	3.1	3:15	3.3	8:50	0.7	9:27	1.0	5:31	8:28	
27	Tue	3:09	3.1	3:59	3.4	9:41	0.7	10:29	0.9	5:32	8:28	
28	Wed	4:01	3.0	4:48	3.6	10:32	0.6	11:26	0.7	5:32	8:28	
29	Thu	5:01	3.0	5:42	3.8	11:23	0.5			5:32	8:28	
30	Fri	6:05	3.1	6:37	4.1	12:20	0.5	12:13	0.4	5:33	8:28	