
































Seven Island, Newmans Thorofare, NJ - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:24	4.0			5:05	0.3	5:55	0.2	7:25	5:56	
2	Thu	12:03	3.2	12:15	3.7	5:47	0.5	6:43	0.5	7:26	5:55	
3	Fri	12:59	3.1	1:09	3.5	6:32	0.8	7:37	0.7	7:27	5:54	
4	Sat	1:55	3.0	2:03	3.3	7:26	1.0	8:39	0.8	7:28	5:52	
5	Sun	1:49	2.9	1:56	3.2	7:33	1.1	8:39	0.8	6:30	4:51	
6	Mon	2:41	3.0	2:48	3.2	8:42	1.1	9:32	0.7	6:31	4:50	
7	Tue	3:34	3.0	3:41	3.1	9:42	1.0	10:18	0.6	6:32	4:49	
8	Wed	4:26	3.2	4:35	3.2	10:34	0.8	10:59	0.5	6:33	4:48	
9	Thu	5:15	3.4	5:24	3.3	11:20	0.6	11:38	0.3	6:34	4:47	
10	Fri	5:57	3.6	6:08	3.3			12:05	0.4	6:35	4:46	
11	Sat	6:35	3.8	6:48	3.4	12:16	0.3	12:48	0.3	6:36	4:45	
12	Sun	7:10	4.0	7:26	3.4	12:54	0.2	1:32	0.1	6:37	4:45	
13	Mon	7:45	4.1	8:04	3.4	1:33	0.2	2:16	0.1	6:39	4:44	
14	Tue	8:20	4.1	8:44	3.3	2:13	0.2	3:01	0.0	6:40	4:43	
15	Wed	8:59	4.1	9:28	3.2	2:53	0.2	3:44	0.0	6:41	4:42	
16	Thu	9:45	4.1	10:19	3.1	3:35	0.3	4:29	0.1	6:42	4:41	
17	Fri	10:38	3.9	11:20	3.0	4:19	0.3	5:18	0.2	6:43	4:41	
18	Sat	11:41	3.8			5:10	0.5	6:14	0.2	6:44	4:40	
19	Sun	12:26	3.1	12:45	3.7	6:13	0.6	7:19	0.3	6:45	4:39	
20	Mon	1:29	3.2	1:47	3.7	7:31	0.6	8:24	0.2	6:46	4:38	
21	Tue	2:29	3.3	2:48	3.6	8:48	0.5	9:24	0.1	6:47	4:38	
22	Wed	3:29	3.5	3:49	3.6	9:56	0.3	10:18	-0.1	6:49	4:37	
23	Thu	4:29	3.8	4:51	3.6	10:55	0.1	11:08	-0.2	6:50	4:37	
24	Fri	5:26	4.0	5:47	3.6	11:49	0.0	11:55	-0.3	6:51	4:36	
25	Sat	6:16	4.2	6:39	3.6			12:40	-0.2	6:52	4:36	
26	Sun	7:02	4.3	7:27	3.6	12:42	-0.3	1:30	-0.2	6:53	4:35	
27	Mon	7:46	4.3	8:13	3.5	1:28	-0.2	2:19	-0.3	6:54	4:35	
28	Tue	8:28	4.2	8:59	3.4	2:14	-0.1	3:05	-0.2	6:55	4:35	
29	Wed	9:11	4.0	9:47	3.2	2:58	0.0	3:49	-0.1	6:56	4:34	
30	Thu	9:55	3.8	10:37	3.0	3:40	0.2	4:31	0.1	6:57	4:34	