











Seven Island, Newmans Thorofare, NJ - Jul 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 4:44 | 3.3 | 5:21 | 4.1 | 11:02 | 0.1 | | | 5:34 | 8:28 |  |
| 2 | Tue | 5:48 | 3.3 | 6:20 | 4.1 | 12:01 | 0.3 | 11:56 AM | 0.1 | 5:34 | 8:28 |  |
| 3 | Wed | 6:50 | 3.3 | 7:14 | 4.2 | 12:56 | 0.2 | 12:48 | 0.2 | 5:35 | 8:28 |  |
| 4 | Thu | 7:45 | 3.3 | 8:04 | 4.2 | 1:49 | 0.1 | 1:40 | 0.2 | 5:35 | 8:28 |  |
| 5 | Fri | 8:35 | 3.4 | 8:50 | 4.2 | 2:40 | 0.1 | 2:31 | 0.3 | 5:36 | 8:27 |  |
| 6 | Sat | 9:24 | 3.4 | 9:34 | 4.1 | 3:28 | 0.0 | 3:20 | 0.3 | 5:36 | 8:27 |  |
| 7 | Sun | 10:11 | 3.4 | 10:18 | 4.0 | 4:13 | 0.0 | 4:07 | 0.4 | 5:37 | 8:27 |  |
| 8 | Mon | 10:58 | 3.3 | 11:02 | 3.8 | 4:54 | 0.1 | 4:49 | 0.5 | 5:38 | 8:26 |  |
| 9 | Tue | 11:45 | 3.3 | 11:45 | 3.6 | 5:32 | 0.2 | 5:30 | 0.6 | 5:38 | 8:26 |  |
| 10 | Wed | | | 12:32 | 3.3 | 6:09 | 0.3 | 6:11 | 0.8 | 5:39 | 8:26 |  |
| 11 | Thu | 12:30 | 3.4 | 1:18 | 3.3 | 6:45 | 0.4 | 6:56 | 0.9 | 5:40 | 8:25 |  |
| 12 | Fri | 1:14 | 3.3 | 2:01 | 3.3 | 7:24 | 0.6 | 7:47 | 1.0 | 5:40 | 8:25 |  |
| 13 | Sat | 1:58 | 3.1 | 2:43 | 3.3 | 8:06 | 0.7 | 8:47 | 1.1 | 5:41 | 8:24 |  |
| 14 | Sun | 2:42 | 3.0 | 3:25 | 3.4 | 8:55 | 0.8 | 9:50 | 1.0 | 5:42 | 8:24 |  |
| 15 | Mon | 3:28 | 2.9 | 4:10 | 3.5 | 9:47 | 0.8 | 10:49 | 0.9 | 5:43 | 8:23 |  |
| 16 | Tue | 4:22 | 2.8 | 5:01 | 3.6 | 10:41 | 0.8 | 11:44 | 0.8 | 5:43 | 8:23 |  |
| 17 | Wed | 5:25 | 2.8 | 5:56 | 3.7 | 11:33 | 0.7 | | | 5:44 | 8:22 |  |
| 18 | Thu | 6:26 | 2.9 | 6:49 | 3.9 | 12:35 | 0.6 | 12:24 | 0.6 | 5:45 | 8:21 |  |
| 19 | Fri | 7:20 | 3.1 | 7:38 | 4.1 | 1:25 | 0.4 | 1:15 | 0.5 | 5:46 | 8:21 |  |
| 20 | Sat | 8:09 | 3.2 | 8:25 | 4.3 | 2:15 | 0.1 | 2:07 | 0.3 | 5:47 | 8:20 |  |
| 21 | Sun | 8:56 | 3.4 | 9:12 | 4.4 | 3:04 | 0.0 | 3:00 | 0.2 | 5:47 | 8:19 |  |
| 22 | Mon | 9:44 | 3.6 | 9:59 | 4.4 | 3:51 | -0.2 | 3:52 | 0.1 | 5:48 | 8:18 |  |
| 23 | Tue | 10:33 | 3.7 | 10:49 | 4.4 | 4:36 | -0.3 | 4:42 | 0.0 | 5:49 | 8:18 |  |
| 24 | Wed | 11:26 | 3.8 | 11:42 | 4.2 | 5:19 | -0.3 | 5:32 | 0.1 | 5:50 | 8:17 |  |
| 25 | Thu | | | 12:20 | 3.9 | 6:03 | -0.3 | 6:25 | 0.2 | 5:51 | 8:16 |  |
| 26 | Fri | 12:37 | 4.0 | 1:16 | 4.0 | 6:50 | -0.2 | 7:24 | 0.3 | 5:52 | 8:15 |  |
| 27 | Sat | 1:33 | 3.8 | 2:10 | 4.0 | 7:41 | 0.0 | 8:30 | 0.5 | 5:53 | 8:14 |  |
| 28 | Sun | 2:29 | 3.5 | 3:04 | 4.0 | 8:39 | 0.2 | 9:40 | 0.6 | 5:54 | 8:13 |  |
| 29 | Mon | 3:26 | 3.3 | 4:00 | 4.0 | 9:40 | 0.3 | 10:46 | 0.5 | 5:54 | 8:12 |  |
| 30 | Tue | 4:27 | 3.2 | 5:00 | 3.9 | 10:41 | 0.4 | 11:46 | 0.5 | 5:55 | 8:11 | |
| 31 | Wed | 5:32 | 3.1 | 6:03 | 3.9 | 11:39 | 0.4 | | | 5:56 | 8:10 | |