



## Seven Island, Newmans Thorofare, NJ - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:02	4.0	9:26	3.9	3:01	-0.7	3:24	-0.8	6:29	5:49	☀
2	Sun	9:50	3.8	10:15	3.9	3:49	-0.7	4:06	-0.8	6:27	5:50	☀
3	Mon	10:42	3.6	11:08	3.9	4:38	-0.6	4:49	-0.6	6:26	5:51	☀
4	Tue	11:38	3.3			5:29	-0.3	5:35	-0.4	6:24	5:52	☀
5	Wed	12:04	3.7	12:37	3.1	6:28	-0.1	6:31	-0.1	6:23	5:54	☀
6	Thu	1:03	3.6	1:38	2.9	7:38	0.2	7:38	0.2	6:21	5:55	☀
7	Fri	2:04	3.4	2:41	2.8	8:52	0.3	8:52	0.3	6:20	5:56	☀
8	Sat	3:08	3.3	3:48	2.7	10:01	0.2	10:01	0.3	6:18	5:57	☀
9	Sun	5:17	3.2	5:56	2.8	11:59	0.1			7:17	6:58	☀
10	Mon	6:22	3.3	6:54	3.0	12:01	0.2	12:50	0.0	7:15	6:59	☀
11	Tue	7:15	3.4	7:42	3.2	12:54	0.1	1:36	-0.1	7:14	7:00	☀
12	Wed	7:59	3.5	8:24	3.4	1:42	0.0	2:17	-0.2	7:12	7:01	☀
13	Thu	8:38	3.5	9:02	3.5	2:26	-0.1	2:56	-0.2	7:10	7:02	☀
14	Fri	9:15	3.5	9:38	3.6	3:09	-0.1	3:32	-0.2	7:09	7:03	☀
15	Sat	9:51	3.4	10:13	3.6	3:49	-0.2	4:06	-0.2	7:07	7:04	☀
16	Sun	10:26	3.2	10:47	3.5	4:26	-0.1	4:37	-0.1	7:06	7:05	☀
17	Mon	11:01	3.1	11:21	3.4	5:02	0.0	5:07	0.1	7:04	7:06	☀
18	Tue	11:37	2.9	11:55	3.3	5:36	0.1	5:34	0.2	7:03	7:07	☀
19	Wed			12:16	2.7	6:11	0.3	6:02	0.4	7:01	7:08	☀
20	Thu	12:34	3.2	1:01	2.6	6:51	0.5	6:34	0.6	6:59	7:09	☀
21	Fri	1:19	3.1	1:53	2.5	7:43	0.6	7:20	0.7	6:58	7:10	☀
22	Sat	2:11	3.0	2:49	2.4	8:55	0.7	8:38	0.8	6:56	7:11	☀
23	Sun	3:09	3.1	3:50	2.5	10:08	0.6	10:07	0.7	6:55	7:12	☀
24	Mon	4:14	3.1	4:58	2.7	11:10	0.4	11:16	0.5	6:53	7:13	☀
25	Tue	5:23	3.3	6:02	3.0			12:03	0.2	6:51	7:14	☀
26	Wed	6:25	3.6	6:56	3.4	12:14	0.2	12:51	-0.1	6:50	7:15	☀
27	Thu	7:19	3.8	7:45	3.7	1:08	-0.1	1:38	-0.4	6:48	7:16	☀
28	Fri	8:07	4.0	8:31	4.1	2:01	-0.4	2:24	-0.6	6:47	7:17	☀
29	Sat	8:54	4.0	9:16	4.3	2:53	-0.6	3:10	-0.7	6:45	7:18	☀
30	Sun	9:42	4.0	10:03	4.4	3:45	-0.7	3:56	-0.7	6:43	7:19	☀
31	Mon	10:32	3.8	10:53	4.3	4:35	-0.7	4:42	-0.6	6:42	7:20	☀