

































Seven Island, Newmans Thorofare, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:24	3.5	2:07	3.5	7:39	0.4	7:59	0.9	5:34	8:28	
2	Wed	2:11	3.3	2:52	3.5	8:27	0.5	8:59	1.0	5:34	8:28	
3	Thu	2:57	3.1	3:37	3.5	9:15	0.6	9:59	1.0	5:35	8:28	
4	Fri	3:44	3.0	4:23	3.5	10:04	0.7	10:54	0.9	5:35	8:28	
5	Sat	4:36	2.8	5:13	3.6	10:52	0.7	11:45	0.8	5:36	8:27	
6	Sun	5:33	2.8	6:04	3.6	11:39	0.7			5:36	8:27	
7	Mon	6:30	2.9	6:52	3.8	12:33	0.6	12:25	0.7	5:37	8:27	
8	Tue	7:20	2.9	7:36	3.9	1:20	0.5	1:10	0.6	5:38	8:27	
9	Wed	8:05	3.0	8:17	4.0	2:06	0.4	1:56	0.6	5:38	8:26	
10	Thu	8:47	3.1	8:56	4.1	2:52	0.2	2:43	0.5	5:39	8:26	
11	Fri	9:28	3.2	9:36	4.1	3:35	0.1	3:28	0.5	5:40	8:25	
12	Sat	10:09	3.3	10:16	4.1	4:16	0.0	4:12	0.4	5:40	8:25	
13	Sun	10:51	3.4	11:00	4.0	4:55	0.0	4:55	0.4	5:41	8:24	
14	Mon	11:38	3.5	11:47	3.9	5:33	0.0	5:39	0.4	5:42	8:24	
15	Tue			12:28	3.6	6:12	0.0	6:28	0.5	5:42	8:23	
16	Wed	12:39	3.8	1:20	3.7	6:55	0.1	7:25	0.6	5:43	8:23	
17	Thu	1:34	3.6	2:13	3.9	7:44	0.1	8:34	0.6	5:44	8:22	
18	Fri	2:30	3.4	3:07	4.0	8:41	0.2	9:46	0.6	5:45	8:21	
19	Sat	3:28	3.3	4:04	4.0	9:45	0.3	10:54	0.5	5:46	8:21	
20	Sun	4:33	3.2	5:08	4.1	10:48	0.3	11:56	0.3	5:46	8:20	
21	Mon	5:42	3.2	6:13	4.2	11:49	0.2			5:47	8:19	
22	Tue	6:48	3.3	7:13	4.3	12:54	0.2	12:47	0.2	5:48	8:19	
23	Wed	7:46	3.5	8:06	4.3	1:49	0.0	1:44	0.1	5:49	8:18	
24	Thu	8:39	3.6	8:56	4.3	2:42	-0.1	2:38	0.1	5:50	8:17	
25	Fri	9:29	3.7	9:42	4.2	3:31	-0.1	3:30	0.1	5:51	8:16	
26	Sat	10:18	3.7	10:28	4.1	4:17	-0.1	4:18	0.2	5:52	8:15	
27	Sun	11:05	3.7	11:13	3.9	4:58	-0.1	5:03	0.3	5:52	8:14	
28	Mon	11:52	3.6	11:58	3.7	5:36	0.0	5:45	0.5	5:53	8:13	
29	Tue			12:39	3.6	6:13	0.2	6:29	0.6	5:54	8:12	
30	Wed	12:44	3.4	1:24	3.5	6:50	0.4	7:16	0.8	5:55	8:12	
31	Thu	1:30	3.2	2:08	3.5	7:29	0.6	8:10	1.0	5:56	8:10	