


























Seven Island, Newmans Thorofare, NJ - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:15	3.0	2:52	3.5	8:14	0.8	9:11	1.0	5:57	8:09	
2	Sat	3:02	2.9	3:37	3.4	9:07	0.9	10:13	1.0	5:58	8:08	
3	Sun	3:53	2.8	4:27	3.4	10:05	0.9	11:10	0.9	5:59	8:07	
4	Mon	4:52	2.7	5:23	3.5	11:02	0.9			6:00	8:06	
5	Tue	5:55	2.8	6:19	3.7	12:02	0.8	11:54 AM	0.8	6:01	8:05	
6	Wed	6:51	2.9	7:08	3.8	12:51	0.6	12:44	0.7	6:01	8:04	
7	Thu	7:39	3.1	7:52	4.0	1:37	0.4	1:32	0.6	6:02	8:03	
8	Fri	8:21	3.3	8:34	4.2	2:23	0.2	2:20	0.4	6:03	8:02	
9	Sat	9:02	3.5	9:14	4.2	3:06	0.0	3:08	0.3	6:04	8:00	
10	Sun	9:43	3.7	9:56	4.2	3:48	-0.1	3:54	0.2	6:05	7:59	
11	Mon	10:25	3.8	10:40	4.1	4:28	-0.2	4:40	0.1	6:06	7:58	
12	Tue	11:11	3.9	11:28	4.0	5:07	-0.2	5:26	0.2	6:07	7:57	
13	Wed			12:01	4.0	5:46	-0.1	6:15	0.3	6:08	7:55	
14	Thu	12:21	3.8	12:55	4.0	6:28	0.0	7:11	0.4	6:09	7:54	
15	Fri	1:18	3.6	1:51	4.0	7:18	0.2	8:19	0.6	6:10	7:53	
16	Sat	2:17	3.4	2:48	4.0	8:18	0.3	9:32	0.6	6:11	7:51	
17	Sun	3:17	3.2	3:49	3.9	9:27	0.5	10:42	0.6	6:12	7:50	
18	Mon	4:23	3.2	4:55	3.9	10:37	0.5	11:45	0.4	6:13	7:49	
19	Tue	5:33	3.2	6:02	4.0	11:40	0.4			6:14	7:47	
20	Wed	6:38	3.3	7:02	4.1	12:41	0.3	12:38	0.4	6:15	7:46	
21	Thu	7:34	3.5	7:53	4.1	1:32	0.2	1:32	0.3	6:15	7:44	
22	Fri	8:23	3.7	8:38	4.2	2:21	0.0	2:23	0.2	6:16	7:43	
23	Sat	9:07	3.8	9:20	4.1	3:06	0.0	3:11	0.2	6:17	7:41	
24	Sun	9:50	3.9	10:00	4.0	3:47	0.0	3:55	0.2	6:18	7:40	
25	Mon	10:31	3.8	10:40	3.8	4:24	0.0	4:37	0.3	6:19	7:38	
26	Tue	11:12	3.8	11:20	3.6	4:59	0.2	5:16	0.4	6:20	7:37	
27	Wed	11:53	3.7			5:32	0.3	5:55	0.6	6:21	7:35	
28	Thu	12:02	3.3	12:35	3.6	6:03	0.5	6:35	0.8	6:22	7:34	
29	Fri	12:47	3.1	1:19	3.5	6:35	0.7	7:22	0.9	6:23	7:32	
30	Sat	1:35	2.9	2:04	3.4	7:13	0.9	8:21	1.1	6:24	7:31	
31	Sun	2:24	2.8	2:51	3.4	8:06	1.1	9:29	1.1	6:25	7:29	