

































Seven Island, Newmans Thorofare, NJ - Sep 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 3:17 | 2.7 | 3:43 | 3.4 | 9:17 | 1.2 | 10:34 | 1.0 | 6:26 | 7:28 |  |
| 2 | Tue | 4:15 | 2.7 | 4:41 | 3.5 | 10:26 | 1.1 | 11:30 | 0.8 | 6:27 | 7:26 |  |
| 3 | Wed | 5:19 | 2.8 | 5:42 | 3.6 | 11:26 | 0.9 | | | 6:27 | 7:25 |  |
| 4 | Thu | 6:19 | 3.0 | 6:37 | 3.8 | 12:19 | 0.6 | 12:18 | 0.7 | 6:28 | 7:23 |  |
| 5 | Fri | 7:08 | 3.3 | 7:24 | 4.1 | 1:05 | 0.4 | 1:08 | 0.5 | 6:29 | 7:22 |  |
| 6 | Sat | 7:52 | 3.6 | 8:08 | 4.2 | 1:49 | 0.1 | 1:57 | 0.3 | 6:30 | 7:20 |  |
| 7 | Sun | 8:33 | 3.9 | 8:50 | 4.3 | 2:32 | 0.0 | 2:46 | 0.1 | 6:31 | 7:18 |  |
| 8 | Mon | 9:15 | 4.1 | 9:34 | 4.3 | 3:15 | -0.2 | 3:35 | 0.0 | 6:32 | 7:17 |  |
| 9 | Tue | 9:59 | 4.3 | 10:20 | 4.2 | 3:57 | -0.3 | 4:24 | -0.1 | 6:33 | 7:15 |  |
| 10 | Wed | 10:45 | 4.4 | 11:09 | 4.0 | 4:38 | -0.3 | 5:12 | 0.0 | 6:34 | 7:13 |  |
| 11 | Thu | 11:36 | 4.3 | | | 5:21 | -0.2 | 6:02 | 0.1 | 6:35 | 7:12 |  |
| 12 | Fri | 12:04 | 3.7 | 12:32 | 4.2 | 6:06 | 0.0 | 6:58 | 0.3 | 6:36 | 7:10 |  |
| 13 | Sat | 1:05 | 3.5 | 1:33 | 4.1 | 6:57 | 0.3 | 8:05 | 0.5 | 6:37 | 7:09 |  |
| 14 | Sun | 2:08 | 3.3 | 2:34 | 4.0 | 8:02 | 0.5 | 9:19 | 0.6 | 6:38 | 7:07 |  |
| 15 | Mon | 3:11 | 3.2 | 3:37 | 3.8 | 9:16 | 0.7 | 10:30 | 0.6 | 6:38 | 7:05 |  |
| 16 | Tue | 4:16 | 3.2 | 4:43 | 3.8 | 10:29 | 0.7 | 11:31 | 0.5 | 6:39 | 7:04 |  |
| 17 | Wed | 5:23 | 3.3 | 5:48 | 3.8 | 11:32 | 0.6 | | | 6:40 | 7:02 |  |
| 18 | Thu | 6:25 | 3.5 | 6:46 | 3.9 | 12:23 | 0.3 | 12:27 | 0.5 | 6:41 | 7:00 |  |
| 19 | Fri | 7:17 | 3.7 | 7:33 | 4.0 | 1:10 | 0.2 | 1:17 | 0.4 | 6:42 | 6:59 |  |
| 20 | Sat | 8:01 | 3.9 | 8:15 | 4.0 | 1:53 | 0.1 | 2:04 | 0.3 | 6:43 | 6:57 |  |
| 21 | Sun | 8:41 | 4.0 | 8:54 | 3.9 | 2:34 | 0.1 | 2:48 | 0.3 | 6:44 | 6:56 |  |
| 22 | Mon | 9:19 | 4.0 | 9:31 | 3.8 | 3:12 | 0.1 | 3:31 | 0.3 | 6:45 | 6:54 |  |
| 23 | Tue | 9:55 | 4.0 | 10:08 | 3.6 | 3:47 | 0.2 | 4:10 | 0.3 | 6:46 | 6:52 |  |
| 24 | Wed | 10:31 | 3.9 | 10:45 | 3.4 | 4:21 | 0.3 | 4:48 | 0.4 | 6:47 | 6:51 |  |
| 25 | Thu | 11:08 | 3.8 | 11:24 | 3.2 | 4:53 | 0.5 | 5:25 | 0.5 | 6:48 | 6:49 |  |
| 26 | Fri | 11:45 | 3.7 | | | 5:23 | 0.6 | 6:02 | 0.7 | 6:49 | 6:47 |  |
| 27 | Sat | 12:07 | 3.0 | 12:27 | 3.5 | 5:53 | 0.8 | 6:44 | 0.9 | 6:50 | 6:46 |  |
| 28 | Sun | 12:56 | 2.9 | 1:15 | 3.4 | 6:27 | 1.0 | 7:37 | 1.0 | 6:51 | 6:44 |  |
| 29 | Mon | 1:50 | 2.8 | 2:07 | 3.4 | 7:12 | 1.2 | 8:45 | 1.1 | 6:52 | 6:42 |  |
| 30 | Tue | 2:45 | 2.8 | 3:02 | 3.4 | 8:27 | 1.3 | 9:54 | 1.0 | 6:52 | 6:41 |  |