
































Seven Island, Newmans Thorofare, NJ - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:01	3.4	5:21	3.6	11:25	0.6	11:50	0.2	7:26	5:55	
2	Sun	4:58	3.8	5:20	3.8	11:20	0.3	11:36	-0.1	6:27	4:54	
3	Mon	5:49	4.1	6:13	3.9			12:13	0.0	6:28	4:53	
4	Tue	6:38	4.5	7:03	3.9	12:22	-0.3	1:06	-0.2	6:29	4:52	
5	Wed	7:25	4.7	7:53	3.9	1:10	-0.4	1:59	-0.4	6:30	4:51	
6	Thu	8:13	4.7	8:44	3.8	2:00	-0.4	2:52	-0.4	6:31	4:50	
7	Fri	9:03	4.6	9:39	3.7	2:51	-0.3	3:44	-0.3	6:32	4:49	
8	Sat	9:58	4.4	10:38	3.5	3:42	-0.2	4:36	-0.2	6:33	4:48	
9	Sun	10:57	4.2	11:42	3.4	4:34	0.0	5:30	0.0	6:35	4:47	
10	Mon			12:00	3.9	5:29	0.3	6:30	0.2	6:36	4:46	
11	Tue	12:45	3.3	1:01	3.7	6:32	0.6	7:36	0.3	6:37	4:45	
12	Wed	1:45	3.3	1:59	3.5	7:44	0.7	8:39	0.4	6:38	4:44	
13	Thu	2:41	3.3	2:55	3.4	8:53	0.7	9:35	0.4	6:39	4:43	
14	Fri	3:37	3.4	3:51	3.3	9:54	0.7	10:23	0.3	6:40	4:42	
15	Sat	4:31	3.5	4:46	3.2	10:47	0.5	11:05	0.3	6:41	4:42	
16	Sun	5:20	3.6	5:36	3.2	11:33	0.4	11:44	0.3	6:43	4:41	
17	Mon	6:04	3.8	6:20	3.2			12:17	0.3	6:44	4:40	
18	Tue	6:43	3.9	7:01	3.2	12:22	0.3	12:59	0.2	6:45	4:39	
19	Wed	7:19	3.9	7:39	3.2	12:59	0.3	1:41	0.2	6:46	4:39	
20	Thu	7:54	3.9	8:17	3.1	1:38	0.3	2:22	0.1	6:47	4:38	
21	Fri	8:29	3.9	8:54	3.0	2:16	0.4	3:03	0.2	6:48	4:38	
22	Sat	9:03	3.7	9:32	2.9	2:54	0.4	3:41	0.2	6:49	4:37	
23	Sun	9:38	3.6	10:13	2.8	3:30	0.5	4:19	0.3	6:50	4:37	
24	Mon	10:16	3.5	10:58	2.7	4:05	0.6	4:57	0.4	6:51	4:36	
25	Tue	11:01	3.4	11:50	2.7	4:40	0.7	5:38	0.4	6:52	4:36	
26	Wed	11:54	3.4			5:22	0.8	6:26	0.5	6:53	4:35	
27	Thu	12:43	2.8	12:50	3.3	6:19	0.8	7:22	0.4	6:54	4:35	
28	Fri	1:35	3.0	1:45	3.3	7:36	0.8	8:21	0.3	6:55	4:34	
29	Sat	2:28	3.2	2:43	3.3	8:53	0.7	9:18	0.2	6:57	4:34	
30	Sun	3:23	3.5	3:45	3.3	9:59	0.4	10:11	0.0	6:58	4:34	