

Seven Island, Newmans Thorofare, NJ - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:04	3.1	10:08	3.8	4:08	0.2	4:02	0.6	5:33	8:28	
2	Thu	10:44	3.1	10:44	3.8	4:45	0.2	4:40	0.6	5:34	8:28	
3	Fri	11:23	3.1	11:22	3.7	5:20	0.2	5:17	0.7	5:34	8:28	
4	Sat			12:04	3.2	5:54	0.2	5:55	0.7	5:35	8:28	
5	Sun	12:04	3.6	12:48	3.3	6:28	0.3	6:39	0.8	5:36	8:27	
6	Mon	12:51	3.5	1:34	3.4	7:07	0.3	7:34	0.8	5:36	8:27	
7	Tue	1:43	3.4	2:22	3.6	7:53	0.4	8:44	0.8	5:37	8:27	
8	Wed	2:37	3.3	3:13	3.8	8:50	0.4	9:58	0.7	5:37	8:27	
9	Thu	3:35	3.2	4:11	4.0	9:53	0.3	11:05	0.5	5:38	8:26	
10	Fri	4:41	3.2	5:16	4.1	10:56	0.3			5:39	8:26	
11	Sat	5:52	3.2	6:21	4.3	12:07	0.3	11:58 AM	0.1	5:39	8:25	
12	Sun	6:59	3.4	7:22	4.5	1:05	0.1	12:58	0.0	5:40	8:25	
13	Mon	7:58	3.6	8:18	4.6	2:02	-0.1	1:57	-0.1	5:41	8:25	
14	Tue	8:53	3.7	9:11	4.6	2:57	-0.3	2:55	-0.1	5:42	8:24	
15	Wed	9:47	3.8	10:03	4.5	3:50	-0.4	3:51	-0.1	5:42	8:23	
16	Thu	10:41	3.9	10:54	4.3	4:38	-0.4	4:43	-0.1	5:43	8:23	
17	Fri	11:35	3.9	11:46	4.1	5:24	-0.4	5:33	0.1	5:44	8:22	
18	Sat			12:29	3.9	6:08	-0.2	6:23	0.3	5:45	8:22	
19	Sun	12:38	3.8	1:20	3.8	6:53	0.0	7:15	0.5	5:45	8:21	
20	Mon	1:29	3.6	2:09	3.7	7:40	0.3	8:13	0.7	5:46	8:20	
21	Tue	2:19	3.3	2:56	3.7	8:29	0.5	9:15	0.8	5:47	8:20	
22	Wed	3:07	3.1	3:43	3.6	9:21	0.7	10:15	0.9	5:48	8:19	
23	Thu	3:58	2.9	4:33	3.6	10:14	0.8	11:11	0.8	5:49	8:18	
24	Fri	4:54	2.8	5:27	3.6	11:06	0.8			5:50	8:17	
25	Sat	5:54	2.8	6:20	3.6	12:01	0.7	11:55 AM	0.8	5:50	8:16	
26	Sun	6:50	2.9	7:09	3.7	12:49	0.6	12:42	0.7	5:51	8:15	
27	Mon	7:38	3.0	7:52	3.8	1:34	0.5	1:28	0.7	5:52	8:15	
28	Tue	8:20	3.2	8:32	3.9	2:18	0.4	2:14	0.6	5:53	8:14	
29	Wed	9:00	3.3	9:09	4.0	3:00	0.3	2:58	0.5	5:54	8:13	
30	Thu	9:38	3.3	9:44	3.9	3:40	0.2	3:41	0.5	5:55	8:12	
31	Fri	10:14	3.4	10:20	3.9	4:17	0.1	4:21	0.5	5:56	8:11	