



























Seven Island, Newmans Thorofare, NJ - Dec 2029

| Date | | High | | | | Low | | | |  |  | |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:41 | 3.7 | 3:58 | 3.3 | 10:13 | 0.2 | 10:27 | -0.1 | 6:59 | 4:34 |  |
| 2 | Sun | 4:42 | 4.0 | 5:04 | 3.4 | 11:12 | -0.1 | 11:21 | -0.3 | 6:59 | 4:33 |  |
| 3 | Mon | 5:41 | 4.3 | 6:05 | 3.5 | | | 12:08 | -0.3 | 7:00 | 4:33 |  |
| 4 | Tue | 6:35 | 4.5 | 7:00 | 3.6 | 12:14 | -0.4 | 1:03 | -0.5 | 7:01 | 4:33 |  |
| 5 | Wed | 7:27 | 4.6 | 7:53 | 3.6 | 1:09 | -0.5 | 1:58 | -0.6 | 7:02 | 4:33 |  |
| 6 | Thu | 8:18 | 4.5 | 8:46 | 3.6 | 2:03 | -0.5 | 2:50 | -0.6 | 7:03 | 4:33 |  |
| 7 | Fri | 9:09 | 4.4 | 9:41 | 3.5 | 2:56 | -0.4 | 3:40 | -0.6 | 7:04 | 4:33 |  |
| 8 | Sat | 10:01 | 4.2 | 10:36 | 3.4 | 3:47 | -0.3 | 4:28 | -0.5 | 7:05 | 4:33 |  |
| 9 | Sun | 10:55 | 3.9 | 11:33 | 3.3 | 4:37 | -0.1 | 5:15 | -0.3 | 7:06 | 4:33 |  |
| 10 | Mon | 11:50 | 3.6 | | | 5:27 | 0.2 | 6:04 | -0.1 | 7:07 | 4:33 |  |
| 11 | Tue | 12:28 | 3.2 | 12:43 | 3.4 | 6:22 | 0.4 | 6:56 | 0.1 | 7:07 | 4:33 |  |
| 12 | Wed | 1:20 | 3.2 | 1:33 | 3.2 | 7:24 | 0.6 | 7:49 | 0.3 | 7:08 | 4:33 |  |
| 13 | Thu | 2:09 | 3.2 | 2:23 | 3.0 | 8:28 | 0.7 | 8:42 | 0.3 | 7:09 | 4:34 |  |
| 14 | Fri | 2:57 | 3.2 | 3:14 | 2.8 | 9:28 | 0.6 | 9:32 | 0.4 | 7:10 | 4:34 |  |
| 15 | Sat | 3:48 | 3.2 | 4:09 | 2.8 | 10:22 | 0.5 | 10:19 | 0.3 | 7:10 | 4:34 |  |
| 16 | Sun | 4:39 | 3.3 | 5:04 | 2.8 | 11:10 | 0.4 | 11:03 | 0.3 | 7:11 | 4:34 |  |
| 17 | Mon | 5:29 | 3.4 | 5:55 | 2.8 | 11:56 | 0.3 | 11:47 | 0.2 | 7:12 | 4:35 |  |
| 18 | Tue | 6:13 | 3.5 | 6:41 | 2.9 | | | 12:40 | 0.1 | 7:12 | 4:35 |  |
| 19 | Wed | 6:53 | 3.6 | 7:23 | 3.0 | 12:30 | 0.2 | 1:24 | 0.0 | 7:13 | 4:36 |  |
| 20 | Thu | 7:31 | 3.7 | 8:03 | 3.0 | 1:13 | 0.1 | 2:07 | -0.1 | 7:13 | 4:36 |  |
| 21 | Fri | 8:07 | 3.7 | 8:42 | 3.0 | 1:56 | 0.1 | 2:48 | -0.1 | 7:14 | 4:36 |  |
| 22 | Sat | 8:42 | 3.7 | 9:20 | 3.0 | 2:38 | 0.1 | 3:27 | -0.2 | 7:14 | 4:37 |  |
| 23 | Sun | 9:18 | 3.7 | 10:01 | 3.0 | 3:19 | 0.1 | 4:04 | -0.2 | 7:15 | 4:38 |  |
| 24 | Mon | 9:57 | 3.6 | 10:45 | 3.0 | 3:58 | 0.1 | 4:40 | -0.2 | 7:15 | 4:38 |  |
| 25 | Tue | 10:42 | 3.5 | 11:34 | 3.1 | 4:39 | 0.1 | 5:18 | -0.1 | 7:16 | 4:39 |  |
| 26 | Wed | 11:34 | 3.4 | | | 5:25 | 0.2 | 6:01 | -0.1 | 7:16 | 4:39 |  |
| 27 | Thu | 12:27 | 3.2 | 12:30 | 3.3 | 6:22 | 0.3 | 6:53 | 0.0 | 7:16 | 4:40 |  |
| 28 | Fri | 1:20 | 3.4 | 1:29 | 3.1 | 7:32 | 0.3 | 7:54 | 0.0 | 7:16 | 4:41 |  |
| 29 | Sat | 2:16 | 3.5 | 2:29 | 3.0 | 8:46 | 0.2 | 8:59 | -0.1 | 7:17 | 4:42 |  |
| 30 | Sun | 3:15 | 3.6 | 3:35 | 3.0 | 9:55 | 0.1 | 10:02 | -0.2 | 7:17 | 4:42 |  |
| 31 | Mon | 4:20 | 3.8 | 4:45 | 3.0 | 10:57 | -0.1 | 11:04 | -0.3 | 7:17 | 4:43 |  |