




























Seven Island, Newmans Thorofare, NJ - Jun 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:55	3.2	5:40	3.9	11:25	0.3			5:31	8:18	
2	Mon	5:59	3.3	6:34	4.1	12:11	0.3	12:16	0.2	5:31	8:19	
3	Tue	6:58	3.5	7:26	4.4	1:04	0.1	1:07	0.0	5:31	8:19	
4	Wed	7:52	3.6	8:16	4.6	1:57	-0.2	1:59	-0.1	5:30	8:20	
5	Thu	8:44	3.7	9:06	4.7	2:51	-0.4	2:54	-0.2	5:30	8:21	
6	Fri	9:38	3.8	9:58	4.7	3:44	-0.5	3:48	-0.2	5:30	8:21	
7	Sat	10:33	3.8	10:53	4.6	4:35	-0.6	4:42	-0.2	5:30	8:22	
8	Sun	11:31	3.8	11:50	4.4	5:24	-0.5	5:35	-0.1	5:29	8:22	
9	Mon			12:31	3.8	6:14	-0.4	6:30	0.1	5:29	8:23	
10	Tue	12:49	4.2	1:30	3.8	7:07	-0.3	7:31	0.3	5:29	8:24	
11	Wed	1:46	4.0	2:25	3.8	8:03	-0.1	8:37	0.5	5:29	8:24	
12	Thu	2:41	3.7	3:19	3.8	9:01	0.1	9:43	0.5	5:29	8:25	
13	Fri	3:35	3.5	4:12	3.8	9:58	0.2	10:45	0.5	5:29	8:25	
14	Sat	4:31	3.4	5:06	3.8	10:51	0.2	11:40	0.4	5:29	8:25	
15	Sun	5:28	3.3	6:00	3.9	11:40	0.3			5:29	8:26	
16	Mon	6:25	3.2	6:50	3.9	12:30	0.4	12:26	0.3	5:29	8:26	
17	Tue	7:15	3.3	7:34	4.0	1:17	0.3	1:10	0.4	5:29	8:27	
18	Wed	8:01	3.3	8:15	4.0	2:02	0.2	1:53	0.4	5:29	8:27	
19	Thu	8:44	3.3	8:54	4.0	2:47	0.2	2:37	0.4	5:29	8:27	
20	Fri	9:26	3.3	9:32	3.9	3:29	0.2	3:20	0.4	5:30	8:27	
21	Sat	10:08	3.3	10:08	3.8	4:09	0.2	4:02	0.5	5:30	8:28	
22	Sun	10:50	3.3	10:44	3.7	4:46	0.2	4:41	0.5	5:30	8:28	
23	Mon	11:32	3.2	11:21	3.6	5:22	0.2	5:18	0.6	5:30	8:28	
24	Tue			12:15	3.2	5:56	0.3	5:56	0.7	5:31	8:28	
25	Wed			12:58	3.2	6:30	0.4	6:36	0.8	5:31	8:28	
26	Thu	12:42	3.4	1:41	3.3	7:06	0.5	7:26	0.9	5:31	8:28	
27	Fri	1:30	3.3	2:24	3.4	7:50	0.5	8:29	0.9	5:32	8:28	
28	Sat	2:21	3.2	3:11	3.6	8:45	0.5	9:39	0.8	5:32	8:28	
29	Sun	3:16	3.2	4:03	3.8	9:46	0.5	10:44	0.6	5:32	8:28	
30	Mon	4:17	3.2	5:03	4.0	10:47	0.4	11:45	0.4	5:33	8:28	