

































Seven Island, Newmans Thorofare, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:38	3.5	6:15	0.2	6:22	0.6	5:34	8:28	
2	Sat	12:41	3.5	1:26	3.4	6:55	0.3	7:08	0.8	5:34	8:28	
3	Sun	1:27	3.3	2:11	3.4	7:38	0.5	8:02	0.9	5:35	8:28	
4	Mon	2:13	3.2	2:56	3.4	8:26	0.6	9:02	1.0	5:35	8:28	
5	Tue	2:59	3.1	3:40	3.4	9:18	0.7	10:02	0.9	5:36	8:27	
6	Wed	3:47	3.0	4:28	3.5	10:11	0.7	10:59	0.8	5:36	8:27	
7	Thu	4:41	2.9	5:20	3.6	11:02	0.6	11:50	0.7	5:37	8:27	
8	Fri	5:39	3.0	6:11	3.7	11:51	0.6			5:38	8:27	
9	Sat	6:35	3.1	7:00	3.9	12:39	0.5	12:38	0.5	5:38	8:26	
10	Sun	7:25	3.2	7:44	4.1	1:27	0.3	1:26	0.3	5:39	8:26	
11	Mon	8:11	3.4	8:27	4.3	2:15	0.1	2:14	0.2	5:40	8:25	
12	Tue	8:55	3.6	9:11	4.4	3:02	-0.1	3:04	0.1	5:40	8:25	
13	Wed	9:41	3.7	9:57	4.4	3:48	-0.2	3:53	0.0	5:41	8:24	
14	Thu	10:29	3.8	10:45	4.3	4:32	-0.3	4:41	0.0	5:42	8:24	
15	Fri	11:20	3.8	11:37	4.2	5:16	-0.4	5:30	0.0	5:43	8:23	
16	Sat			12:15	3.9	6:01	-0.3	6:22	0.1	5:43	8:23	
17	Sun	12:33	4.0	1:12	4.0	6:49	-0.2	7:20	0.3	5:44	8:22	
18	Mon	1:31	3.9	2:08	4.0	7:43	-0.1	8:27	0.4	5:45	8:21	
19	Tue	2:28	3.7	3:04	4.0	8:42	0.0	9:36	0.4	5:46	8:21	
20	Wed	3:26	3.6	4:01	4.0	9:45	0.1	10:42	0.4	5:47	8:20	
21	Thu	4:27	3.4	5:01	4.0	10:46	0.2	11:42	0.3	5:47	8:19	
22	Fri	5:31	3.4	6:02	4.1	11:43	0.1			5:48	8:19	
23	Sat	6:33	3.5	6:58	4.1	12:37	0.2	12:36	0.1	5:49	8:18	
24	Sun	7:28	3.6	7:48	4.2	1:28	0.1	1:27	0.1	5:50	8:17	
25	Mon	8:17	3.6	8:33	4.2	2:17	0.0	2:17	0.1	5:51	8:16	
26	Tue	9:03	3.7	9:16	4.1	3:04	-0.1	3:05	0.2	5:52	8:15	
27	Wed	9:48	3.7	9:57	4.0	3:47	-0.1	3:50	0.2	5:52	8:14	
28	Thu	10:31	3.7	10:38	3.9	4:27	0.0	4:32	0.3	5:53	8:13	
29	Fri	11:15	3.6	11:20	3.7	5:04	0.1	5:11	0.4	5:54	8:12	
30	Sat	11:59	3.5			5:39	0.2	5:51	0.6	5:55	8:11	
31	Sun	12:02	3.5	12:43	3.5	6:14	0.4	6:31	0.7	5:56	8:10	