

































Seven Island, Newmans Thorofare, NJ - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:29	3.7	3:08	3.8	8:48	0.1	9:28	0.6	5:34	8:28	
2	Mon	3:22	3.5	3:59	3.8	9:44	0.2	10:30	0.6	5:34	8:28	
3	Tue	4:15	3.3	4:52	3.8	10:35	0.3	11:27	0.6	5:35	8:28	
4	Wed	5:12	3.2	5:45	3.8	11:24	0.4			5:35	8:28	
5	Thu	6:09	3.1	6:34	3.8	12:17	0.5	12:09	0.4	5:36	8:27	
6	Fri	7:01	3.1	7:20	3.9	1:04	0.4	12:53	0.5	5:37	8:27	
7	Sat	7:48	3.2	8:01	3.9	1:50	0.4	1:36	0.5	5:37	8:27	
8	Sun	8:32	3.2	8:40	3.9	2:34	0.3	2:20	0.5	5:38	8:26	
9	Mon	9:14	3.2	9:18	3.9	3:17	0.3	3:04	0.5	5:38	8:26	
10	Tue	9:55	3.2	9:55	3.8	3:58	0.2	3:47	0.5	5:39	8:26	
11	Wed	10:37	3.2	10:31	3.7	4:36	0.2	4:27	0.6	5:40	8:25	
12	Thu	11:18	3.2	11:07	3.6	5:12	0.3	5:04	0.7	5:41	8:25	
13	Fri			12:00	3.2	5:46	0.3	5:41	0.7	5:41	8:24	
14	Sat			12:42	3.2	6:19	0.4	6:20	0.8	5:42	8:24	
15	Sun	12:27	3.4	1:25	3.3	6:53	0.5	7:07	0.9	5:43	8:23	
16	Mon	1:14	3.4	2:08	3.4	7:34	0.5	8:06	0.9	5:44	8:23	
17	Tue	2:04	3.3	2:54	3.6	8:24	0.5	9:17	0.8	5:44	8:22	
18	Wed	2:58	3.2	3:45	3.7	9:23	0.5	10:26	0.7	5:45	8:21	
19	Thu	3:58	3.2	4:44	3.9	10:26	0.4	11:30	0.5	5:46	8:21	
20	Fri	5:07	3.2	5:48	4.1	11:27	0.3			5:47	8:20	
21	Sat	6:17	3.3	6:49	4.4	12:28	0.2	12:26	0.2	5:48	8:19	
22	Sun	7:20	3.5	7:46	4.6	1:25	0.0	1:24	0.0	5:48	8:18	
23	Mon	8:17	3.7	8:40	4.7	2:21	-0.2	2:23	-0.1	5:49	8:18	
24	Tue	9:12	3.8	9:33	4.7	3:15	-0.4	3:21	-0.2	5:50	8:17	
25	Wed	10:06	3.9	10:26	4.6	4:07	-0.5	4:16	-0.2	5:51	8:16	
26	Thu	11:02	3.9	11:20	4.4	4:56	-0.5	5:08	-0.1	5:52	8:15	
27	Fri	11:57	3.9			5:42	-0.4	6:00	0.1	5:53	8:14	
28	Sat	12:15	4.2	12:53	3.9	6:29	-0.2	6:54	0.3	5:54	8:13	
29	Sun	1:09	3.9	1:46	3.9	7:18	0.0	7:53	0.5	5:55	8:12	
30	Mon	2:02	3.6	2:36	3.8	8:09	0.2	8:56	0.7	5:55	8:11	
31	Tue	2:53	3.4	3:25	3.7	9:03	0.4	10:00	0.7	5:56	8:10	