
































Seven Island, Newmans Thorofare, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:25	3.4	4:03	4.0	9:47	0.2	10:49	0.5	5:33	8:28	
2	Thu	4:27	3.3	5:04	4.1	10:47	0.2	11:51	0.3	5:34	8:28	
3	Fri	5:36	3.3	6:08	4.3	11:45	0.1			5:34	8:28	
4	Sat	6:42	3.4	7:08	4.4	12:50	0.1	12:43	0.0	5:35	8:28	
5	Sun	7:42	3.5	8:03	4.5	1:46	0.0	1:40	0.0	5:36	8:28	
6	Mon	8:37	3.6	8:55	4.5	2:42	-0.2	2:37	0.0	5:36	8:27	
7	Tue	9:31	3.7	9:47	4.4	3:36	-0.3	3:33	0.0	5:37	8:27	
8	Wed	10:25	3.7	10:37	4.3	4:25	-0.3	4:25	0.1	5:37	8:27	
9	Thu	11:18	3.6	11:28	4.0	5:11	-0.2	5:14	0.2	5:38	8:26	
10	Fri			12:11	3.6	5:55	-0.1	6:01	0.4	5:39	8:26	
11	Sat	12:19	3.8	1:03	3.6	6:38	0.1	6:50	0.6	5:39	8:26	
12	Sun	1:09	3.6	1:51	3.6	7:22	0.3	7:43	0.8	5:40	8:25	
13	Mon	1:57	3.3	2:37	3.5	8:09	0.5	8:42	0.9	5:41	8:25	
14	Tue	2:43	3.1	3:21	3.5	8:57	0.6	9:42	0.9	5:42	8:24	
15	Wed	3:30	3.0	4:07	3.5	9:47	0.7	10:40	0.9	5:42	8:24	
16	Thu	4:21	2.8	4:57	3.5	10:37	0.8	11:33	0.8	5:43	8:23	
17	Fri	5:19	2.8	5:50	3.6	11:26	0.8			5:44	8:22	
18	Sat	6:17	2.8	6:41	3.7	12:21	0.7	12:13	0.7	5:45	8:22	
19	Sun	7:10	2.9	7:26	3.8	1:08	0.5	1:00	0.7	5:45	8:21	
20	Mon	7:56	3.0	8:08	3.9	1:54	0.4	1:46	0.6	5:46	8:20	
21	Tue	8:37	3.1	8:47	4.0	2:39	0.3	2:32	0.6	5:47	8:20	
22	Wed	9:17	3.2	9:26	4.1	3:23	0.2	3:17	0.5	5:48	8:19	
23	Thu	9:57	3.3	10:04	4.1	4:04	0.1	4:01	0.4	5:49	8:18	
24	Fri	10:37	3.4	10:45	4.0	4:42	0.0	4:43	0.4	5:50	8:17	
25	Sat	11:20	3.5	11:30	3.9	5:18	0.0	5:26	0.4	5:50	8:16	
26	Sun			12:07	3.6	5:55	0.0	6:11	0.5	5:51	8:16	
27	Mon	12:19	3.7	12:58	3.7	6:35	0.1	7:04	0.5	5:52	8:15	
28	Tue	1:13	3.6	1:51	3.9	7:20	0.2	8:10	0.6	5:53	8:14	
29	Wed	2:10	3.4	2:45	3.9	8:16	0.3	9:23	0.7	5:54	8:13	
30	Thu	3:08	3.3	3:42	4.0	9:20	0.3	10:34	0.6	5:55	8:12	
31	Fri	4:12	3.2	4:46	4.0	10:27	0.3	11:39	0.4	5:56	8:11	