

































Seven Island, Newmans Thorofare, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:32	3.2	10:39	3.8	4:31	0.2	4:29	0.6	5:34	8:28	
2	Sun	11:15	3.2	11:19	3.6	5:07	0.2	5:08	0.7	5:34	8:28	
3	Mon	11:58	3.2	11:59	3.5	5:42	0.3	5:45	0.8	5:35	8:28	
4	Tue			12:41	3.2	6:15	0.4	6:24	0.9	5:35	8:28	
5	Wed	12:40	3.3	1:23	3.2	6:50	0.5	7:08	1.0	5:36	8:27	
6	Thu	1:23	3.2	2:03	3.3	7:27	0.5	8:04	1.1	5:36	8:27	
7	Fri	2:08	3.1	2:43	3.4	8:12	0.6	9:11	1.0	5:37	8:27	
8	Sat	2:56	3.0	3:28	3.5	9:06	0.6	10:18	0.9	5:38	8:27	
9	Sun	3:50	2.9	4:21	3.7	10:05	0.6	11:20	0.7	5:38	8:26	
10	Mon	4:54	2.9	5:22	3.9	11:04	0.5			5:39	8:26	
11	Tue	6:02	3.0	6:24	4.1	12:16	0.5	12:02	0.4	5:40	8:25	
12	Wed	7:04	3.2	7:21	4.3	1:11	0.2	12:58	0.2	5:40	8:25	
13	Thu	7:59	3.4	8:15	4.5	2:05	0.0	1:56	0.0	5:41	8:24	
14	Fri	8:52	3.6	9:07	4.6	2:58	-0.2	2:53	-0.1	5:42	8:24	
15	Sat	9:45	3.8	9:59	4.6	3:49	-0.4	3:49	-0.2	5:43	8:23	
16	Sun	10:39	3.9	10:52	4.5	4:37	-0.5	4:43	-0.2	5:43	8:23	
17	Mon	11:34	4.0	11:46	4.3	5:24	-0.5	5:35	-0.1	5:44	8:22	
18	Tue			12:30	4.0	6:10	-0.4	6:28	0.1	5:45	8:21	
19	Wed	12:42	4.0	1:25	4.1	6:58	-0.2	7:26	0.3	5:46	8:21	
20	Thu	1:37	3.7	2:18	4.0	7:50	0.0	8:30	0.5	5:47	8:20	
21	Fri	2:31	3.5	3:10	3.9	8:46	0.2	9:36	0.6	5:47	8:19	
22	Sat	3:25	3.2	4:02	3.9	9:45	0.4	10:39	0.6	5:48	8:19	
23	Sun	4:22	3.1	4:58	3.8	10:41	0.5	11:37	0.6	5:49	8:18	
24	Mon	5:24	3.0	5:56	3.8	11:35	0.6			5:50	8:17	
25	Tue	6:24	3.0	6:49	3.8	12:28	0.5	12:25	0.6	5:51	8:16	
26	Wed	7:17	3.1	7:36	3.9	1:16	0.5	1:12	0.6	5:52	8:15	
27	Thu	8:03	3.2	8:18	3.9	2:01	0.4	1:58	0.6	5:53	8:14	
28	Fri	8:45	3.3	8:58	3.9	2:44	0.3	2:43	0.5	5:53	8:13	
29	Sat	9:25	3.3	9:35	3.9	3:24	0.2	3:26	0.5	5:54	8:12	
30	Sun	10:04	3.4	10:12	3.8	4:02	0.2	4:07	0.5	5:55	8:11	
31	Mon	10:41	3.4	10:47	3.7	4:37	0.2	4:44	0.6	5:56	8:10	