

































## Seven Island, Newmans Thorofare, NJ - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:19	3.9	5:47	3.1	11:53	-0.3	11:56	-0.4	7:17	4:44	
2	Sat	6:17	4.1	6:45	3.4			12:48	-0.6	7:17	4:45	
3	Sun	7:11	4.3	7:39	3.5	12:53	-0.6	1:42	-0.8	7:17	4:46	
4	Mon	8:03	4.4	8:32	3.7	1:49	-0.7	2:34	-0.9	7:17	4:47	
5	Tue	8:54	4.4	9:25	3.7	2:44	-0.8	3:24	-1.0	7:17	4:48	
6	Wed	9:46	4.2	10:19	3.7	3:36	-0.7	4:11	-1.0	7:17	4:49	
7	Thu	10:39	4.0	11:15	3.6	4:27	-0.6	4:58	-0.8	7:17	4:50	
8	Fri	11:34	3.7			5:18	-0.3	5:45	-0.6	7:17	4:51	
9	Sat	12:10	3.5	12:28	3.4	6:13	-0.1	6:36	-0.3	7:17	4:51	
10	Sun	1:03	3.4	1:21	3.1	7:14	0.2	7:30	-0.1	7:17	4:53	
11	Mon	1:54	3.3	2:13	2.9	8:19	0.3	8:27	0.1	7:16	4:54	
12	Tue	2:45	3.2	3:07	2.7	9:22	0.3	9:23	0.2	7:16	4:55	
13	Wed	3:39	3.1	4:05	2.6	10:20	0.3	10:15	0.2	7:16	4:56	
14	Thu	4:35	3.1	5:03	2.6	11:11	0.2	11:04	0.2	7:15	4:57	
15	Fri	5:29	3.2	5:56	2.7	11:57	0.1	11:50	0.1	7:15	4:58	
16	Sat	6:16	3.3	6:43	2.8			12:41	0.0	7:15	4:59	
17	Sun	6:58	3.4	7:25	2.9	12:35	0.0	1:24	-0.1	7:14	5:00	
18	Mon	7:37	3.5	8:05	3.0	1:19	0.0	2:05	-0.2	7:14	5:01	
19	Tue	8:13	3.5	8:43	3.0	2:01	-0.1	2:44	-0.3	7:13	5:02	
20	Wed	8:47	3.4	9:20	3.0	2:42	-0.1	3:20	-0.3	7:13	5:03	
21	Thu	9:19	3.4	9:55	3.0	3:21	-0.1	3:53	-0.3	7:12	5:05	
22	Fri	9:52	3.3	10:31	3.0	3:57	0.0	4:25	-0.2	7:11	5:06	
23	Sat	10:28	3.2	11:11	3.1	4:33	0.0	4:55	-0.1	7:11	5:07	
24	Sun	11:11	3.0	11:56	3.1	5:12	0.1	5:28	-0.1	7:10	5:08	
25	Mon			12:01	2.9	5:58	0.2	6:09	0.0	7:09	5:09	
26	Tue	12:47	3.2	12:58	2.8	7:01	0.3	7:07	0.1	7:09	5:10	
27	Wed	1:42	3.3	2:00	2.7	8:17	0.3	8:21	0.1	7:08	5:11	
28	Thu	2:42	3.4	3:07	2.7	9:30	0.1	9:35	0.0	7:07	5:13	
29	Fri	3:50	3.5	4:21	2.8	10:36	-0.1	10:41	-0.2	7:06	5:14	
30	Sat	4:59	3.7	5:30	3.1	11:34	-0.4	11:42	-0.4	7:05	5:15	
31	Sun	6:01	3.9	6:30	3.3			12:29	-0.6	7:04	5:16	