

Silver Bay, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:02	0.4	12:19	0.4	6:31	0.0	6:50	0.0	6:29	5:48	
2	Tue	12:39	0.4	12:57	0.4	7:11	0.0	7:26	0.0	6:27	5:49	
3	Wed	1:15	0.4	1:34	0.4	7:48	0.0	7:59	0.0	6:26	5:50	
4	Thu	1:50	0.4	2:12	0.3	8:24	0.0	8:30	0.0	6:24	5:51	
5	Fri	2:25	0.4	2:50	0.3	8:59	0.0	9:01	0.0	6:23	5:52	
6	Sat	3:00	0.3	3:32	0.3	9:35	0.0	9:33	0.0	6:21	5:54	
7	Sun	3:40	0.3	4:18	0.3	10:16	0.0	10:11	0.0	6:20	5:55	
8	Mon	4:25	0.3	5:08	0.3	11:13	0.1	11:05	0.1	6:18	5:56	
9	Tue	5:16	0.3	6:02	0.3			12:25	0.1	6:16	5:57	
10	Wed	6:13	0.3	7:02	0.3	12:19	0.1	1:34	0.1	6:15	5:58	
11	Thu	7:17	0.3	8:07	0.3	1:33	0.0	2:33	0.0	6:13	5:59	
12	Fri	8:26	0.4	9:09	0.3	2:37	0.0	3:26	0.0	6:12	6:00	
13	Sat	9:28	0.4	10:03	0.4	3:35	0.0	4:16	0.0	6:10	6:01	
14	Sun	10:22	0.4	10:53	0.4	4:29	0.0	5:05	-0.1	6:08	6:02	
15	Mon	11:12	0.4	11:41	0.5	5:23	-0.1	5:53	-0.1	6:07	6:03	
16	Tue			12:01	0.5	6:16	-0.1	6:41	-0.1	6:05	6:04	
17	Wed	12:29	0.5	12:50	0.4	7:08	-0.1	7:29	-0.1	6:04	6:05	
18	Thu	1:19	0.5	1:42	0.4	7:58	-0.1	8:15	-0.1	6:02	6:06	
19	Fri	2:11	0.5	2:36	0.4	8:48	-0.1	9:03	-0.1	6:00	6:07	
20	Sat	3:06	0.4	3:34	0.4	9:40	-0.1	9:54	0.0	5:59	6:08	
21	Sun	4:04	0.4	4:34	0.4	10:38	0.0	10:53	0.0	5:57	6:09	
22	Mon	5:02	0.4	5:33	0.3	11:42	0.0			5:56	6:10	
23	Tue	6:00	0.4	6:32	0.3	12:01	0.0	12:50	0.0	5:54	6:11	
24	Wed	6:59	0.4	7:33	0.3	1:10	0.0	1:52	0.0	5:52	6:12	
25	Thu	8:00	0.4	8:34	0.3	2:13	0.0	2:47	0.0	5:51	6:13	
26	Fri	8:59	0.4	9:29	0.4	3:08	0.0	3:35	0.0	5:49	6:14	
27	Sat	9:50	0.4	10:15	0.4	3:56	0.0	4:18	0.0	5:47	6:15	
28	Sun	10:34	0.4	10:56	0.4	4:41	0.0	4:59	0.0	5:46	6:16	
29	Mon	11:15	0.4	11:33	0.4	5:24	0.0	5:38	0.0	5:44	6:17	
30	Tue	11:53	0.4			6:06	0.0	6:16	0.0	5:43	6:18	
31	Wed	12:08	0.4	12:30	0.4	6:46	0.0	6:52	0.0	5:41	6:19	