

Silver Bay, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:31	0.3	8:09	0.4	2:00	0.1	2:09	0.1	5:31	8:29	
2	Mon	8:23	0.3	8:59	0.4	2:57	0.1	2:57	0.1	5:31	8:29	
3	Tue	9:19	0.3	9:51	0.4	3:49	0.1	3:44	0.1	5:32	8:29	
4	Wed	10:16	0.3	10:40	0.4	4:37	0.1	4:30	0.1	5:32	8:28	
5	Thu	11:07	0.3	11:25	0.4	5:23	0.1	5:15	0.1	5:33	8:28	
6	Fri	11:52	0.3			6:08	0.0	6:00	0.1	5:34	8:28	
7	Sat	12:06	0.4	12:34	0.3	6:53	0.0	6:45	0.1	5:34	8:28	
8	Sun	12:44	0.4	1:14	0.3	7:36	0.0	7:30	0.1	5:35	8:27	
9	Mon	1:21	0.4	1:53	0.4	8:16	0.0	8:12	0.1	5:36	8:27	
10	Tue	1:58	0.4	2:32	0.4	8:54	0.0	8:53	0.1	5:36	8:27	
11	Wed	2:37	0.4	3:13	0.4	9:29	0.0	9:33	0.1	5:37	8:26	
12	Thu	3:19	0.4	3:58	0.4	10:05	0.0	10:16	0.1	5:38	8:26	
13	Fri	4:06	0.4	4:47	0.4	10:43	0.0	11:06	0.1	5:38	8:25	
14	Sat	4:59	0.4	5:38	0.4	11:26	0.0			5:39	8:25	
15	Sun	5:54	0.4	6:31	0.4	12:09	0.1	12:19	0.0	5:40	8:24	
16	Mon	6:52	0.4	7:27	0.4	1:22	0.1	1:22	0.0	5:41	8:24	
17	Tue	7:54	0.4	8:29	0.4	2:34	0.1	2:28	0.0	5:41	8:23	
18	Wed	9:03	0.4	9:36	0.5	3:39	0.0	3:32	0.0	5:42	8:22	
19	Thu	10:13	0.4	10:40	0.5	4:39	0.0	4:33	0.0	5:43	8:22	
20	Fri	11:15	0.4	11:38	0.5	5:36	0.0	5:31	0.0	5:44	8:21	
21	Sat			12:11	0.4	6:30	0.0	6:28	0.0	5:45	8:20	
22	Sun	12:30	0.5	1:04	0.4	7:22	0.0	7:23	0.0	5:45	8:20	
23	Mon	1:19	0.5	1:54	0.4	8:11	0.0	8:15	0.0	5:46	8:19	
24	Tue	2:07	0.5	2:44	0.4	8:55	0.0	9:02	0.0	5:47	8:18	
25	Wed	2:55	0.4	3:33	0.4	9:37	0.0	9:48	0.0	5:48	8:17	
26	Thu	3:42	0.4	4:22	0.4	10:16	0.0	10:33	0.1	5:49	8:16	
27	Fri	4:30	0.4	5:10	0.4	10:56	0.0	11:21	0.1	5:50	8:15	
28	Sat	5:18	0.4	5:56	0.4	11:37	0.1			5:51	8:14	
29	Sun	6:05	0.3	6:41	0.4	12:15	0.1	12:24	0.1	5:52	8:13	
30	Mon	6:53	0.3	7:27	0.4	1:15	0.1	1:16	0.1	5:53	8:12	
31	Tue	7:43	0.3	8:17	0.4	2:17	0.1	2:12	0.1	5:54	8:11	