

Stone Harbor, Great Channel, NJ - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:45	3.6	1:55	3.4	8:06	0.7	8:16	0.2	7:18	4:47	
2	Fri	2:44	3.8	2:56	3.2	9:12	0.6	9:10	0.1	7:18	4:47	
3	Sat	3:48	4.0	4:02	3.2	10:18	0.4	10:09	0.0	7:18	4:48	
4	Sun	4:50	4.3	5:04	3.2	11:22	0.2	11:08	-0.2	7:18	4:49	
5	Mon	5:48	4.7	6:03	3.3			12:23	-0.1	7:18	4:50	
6	Tue	6:45	5.0	7:01	3.4	12:07	-0.4	1:20	-0.4	7:18	4:51	
7	Wed	7:42	5.1	7:58	3.6	1:04	-0.6	2:14	-0.6	7:18	4:52	
8	Thu	8:36	5.2	8:54	3.7	2:00	-0.8	3:04	-0.8	7:18	4:53	
9	Fri	9:28	5.2	9:48	3.9	2:54	-0.9	3:52	-0.8	7:18	4:54	
10	Sat	10:18	5.1	10:41	4.0	3:47	-0.8	4:39	-0.8	7:17	4:55	
11	Sun	11:07	4.8	11:33	4.0	4:41	-0.7	5:27	-0.7	7:17	4:56	
12	Mon	11:54	4.4			5:37	-0.4	6:15	-0.6	7:17	4:57	
13	Tue	12:26	4.1	12:41	4.0	6:35	-0.1	7:03	-0.4	7:17	4:58	
14	Wed	1:19	4.0	1:30	3.7	7:34	0.1	7:51	-0.2	7:16	4:59	
15	Thu	2:15	4.0	2:22	3.3	8:35	0.3	8:41	-0.1	7:16	5:00	
16	Fri	3:14	4.0	3:19	3.1	9:37	0.4	9:33	0.0	7:16	5:01	
17	Sat	4:13	4.0	4:17	3.0	10:38	0.4	10:25	0.1	7:15	5:02	
18	Sun	5:08	4.1	5:11	3.0	11:35	0.3	11:17	0.1	7:15	5:03	
19	Mon	5:57	4.2	6:01	3.1			12:28	0.2	7:14	5:04	
20	Tue	6:44	4.2	6:49	3.1	12:06	0.0	1:16	0.1	7:14	5:05	
21	Wed	7:28	4.3	7:36	3.2	12:54	0.0	1:58	0.0	7:13	5:07	
22	Thu	8:09	4.3	8:20	3.3	1:38	-0.1	2:37	0.0	7:13	5:08	
23	Fri	8:48	4.3	9:02	3.3	2:20	-0.1	3:12	0.0	7:12	5:09	
24	Sat	9:24	4.2	9:40	3.4	2:58	-0.1	3:45	0.0	7:11	5:10	
25	Sun	9:57	4.1	10:17	3.4	3:36	-0.1	4:16	0.0	7:11	5:11	
26	Mon	10:30	3.9	10:53	3.5	4:14	0.0	4:48	0.0	7:10	5:12	
27	Tue	11:03	3.7	11:31	3.5	4:56	0.2	5:21	0.1	7:09	5:13	
28	Wed	11:41	3.6			5:42	0.3	5:57	0.1	7:09	5:15	
29	Thu	12:12	3.6	12:24	3.4	6:36	0.4	6:40	0.1	7:08	5:16	
30	Fri	1:01	3.7	1:15	3.2	7:37	0.5	7:31	0.0	7:07	5:17	
31	Sat	2:01	3.8	2:18	3.0	8:43	0.5	8:31	0.0	7:06	5:18	