

Stone Harbor, Great Channel, NJ - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:25	3.8	11:38	4.9	5:31	0.2	5:17	0.3	5:34	8:18	
2	Wed			12:10	3.9	6:14	0.3	6:05	0.4	5:34	8:19	
3	Thu	12:22	4.8	12:58	4.0	7:01	0.2	7:01	0.5	5:34	8:20	
4	Fri	1:11	4.7	1:52	4.1	7:51	0.2	8:02	0.5	5:33	8:20	
5	Sat	2:05	4.5	2:50	4.3	8:43	0.2	9:07	0.5	5:33	8:21	
6	Sun	3:04	4.4	3:54	4.5	9:37	0.1	10:13	0.5	5:33	8:22	
7	Mon	4:09	4.3	4:59	4.8	10:34	0.0	11:20	0.3	5:33	8:22	
8	Tue	5:14	4.2	6:01	5.1	11:32	-0.1			5:32	8:23	
9	Wed	6:15	4.2	7:00	5.3	12:25	0.2	12:29	-0.2	5:32	8:23	
10	Thu	7:14	4.2	7:56	5.5	1:26	0.0	1:25	-0.3	5:32	8:24	
11	Fri	8:11	4.2	8:51	5.5	2:24	-0.2	2:20	-0.3	5:32	8:24	
12	Sat	9:07	4.2	9:44	5.5	3:18	-0.3	3:12	-0.3	5:32	8:25	
13	Sun	10:00	4.2	10:33	5.4	4:08	-0.3	4:01	-0.2	5:32	8:25	
14	Mon	10:51	4.2	11:19	5.2	4:55	-0.2	4:49	0.0	5:32	8:26	
15	Tue	11:40	4.1			5:41	-0.1	5:37	0.3	5:32	8:26	
16	Wed	12:03	4.9	12:27	4.1	6:27	0.1	6:26	0.5	5:32	8:26	
17	Thu	12:45	4.7	1:14	4.1	7:12	0.3	7:16	0.7	5:32	8:27	
18	Fri	1:28	4.4	2:01	4.0	7:56	0.4	8:08	0.9	5:32	8:27	
19	Sat	2:11	4.2	2:49	4.1	8:39	0.5	9:01	1.0	5:32	8:27	
20	Sun	2:59	4.0	3:41	4.1	9:23	0.6	9:57	1.0	5:33	8:28	
21	Mon	3:50	3.8	4:35	4.3	10:09	0.6	10:53	1.0	5:33	8:28	
22	Tue	4:45	3.7	5:28	4.4	10:56	0.6	11:48	0.9	5:33	8:28	
23	Wed	5:38	3.7	6:17	4.6	11:43	0.5			5:33	8:28	
24	Thu	6:28	3.7	7:04	4.8	12:41	0.8	12:31	0.5	5:34	8:28	
25	Fri	7:17	3.8	7:50	4.9	1:32	0.6	1:18	0.4	5:34	8:28	
26	Sat	8:05	3.8	8:34	5.0	2:20	0.4	2:04	0.3	5:34	8:28	
27	Sun	8:52	3.8	9:18	5.0	3:05	0.3	2:50	0.2	5:35	8:29	
28	Mon	9:38	3.9	10:00	5.1	3:47	0.2	3:34	0.2	5:35	8:29	
29	Tue	10:23	4.0	10:41	5.1	4:28	0.1	4:19	0.1	5:36	8:28	
30	Wed	11:08	4.1	11:23	5.0	5:10	0.0	5:05	0.2	5:36	8:28	