

Stone Harbor, Great Channel, NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:41	4.8	1:21	4.8	7:03	-0.1	7:39	0.4	5:59	8:10	
2	Mon	1:33	4.5	2:17	4.9	7:55	0.0	8:41	0.5	6:00	8:09	
3	Tue	2:28	4.3	3:19	4.9	8:50	0.1	9:44	0.6	6:01	8:08	
4	Wed	3:29	4.1	4:26	4.9	9:48	0.2	10:50	0.6	6:02	8:07	
5	Thu	4:36	4.0	5:31	5.0	10:49	0.2	11:53	0.5	6:03	8:06	
6	Fri	5:40	4.0	6:30	5.1	11:49	0.2			6:04	8:05	
7	Sat	6:39	4.1	7:24	5.2	12:52	0.4	12:48	0.2	6:05	8:04	
8	Sun	7:34	4.2	8:14	5.2	1:47	0.3	1:43	0.1	6:06	8:02	
9	Mon	8:26	4.3	9:00	5.1	2:36	0.1	2:35	0.1	6:07	8:01	
10	Tue	9:15	4.4	9:42	5.1	3:21	0.1	3:22	0.2	6:08	8:00	
11	Wed	10:00	4.5	10:21	4.9	4:01	0.1	4:05	0.2	6:08	7:59	
12	Thu	10:42	4.5	10:59	4.7	4:39	0.2	4:47	0.4	6:09	7:58	
13	Fri	11:22	4.5	11:36	4.6	5:15	0.3	5:28	0.6	6:10	7:56	
14	Sat			12:02	4.4	5:50	0.5	6:11	0.8	6:11	7:55	
15	Sun	12:14	4.3	12:42	4.4	6:26	0.6	6:56	0.9	6:12	7:54	
16	Mon	12:53	4.1	1:24	4.4	7:04	0.7	7:45	1.1	6:13	7:52	
17	Tue	1:36	4.0	2:10	4.3	7:45	0.8	8:36	1.2	6:14	7:51	
18	Wed	2:23	3.8	3:01	4.3	8:31	0.9	9:32	1.2	6:15	7:50	
19	Thu	3:16	3.7	3:59	4.4	9:22	0.9	10:30	1.2	6:16	7:48	
20	Fri	4:17	3.7	4:59	4.5	10:19	0.8	11:28	1.1	6:17	7:47	
21	Sat	5:18	3.8	5:56	4.7	11:18	0.7			6:18	7:46	
22	Sun	6:14	3.9	6:47	4.9	12:23	0.8	12:16	0.5	6:19	7:44	
23	Mon	7:07	4.2	7:37	5.1	1:14	0.6	1:12	0.3	6:19	7:43	
24	Tue	7:59	4.4	8:26	5.2	2:03	0.3	2:07	0.1	6:20	7:41	
25	Wed	8:49	4.7	9:14	5.3	2:50	0.1	2:59	-0.1	6:21	7:40	
26	Thu	9:39	4.9	10:01	5.3	3:35	-0.1	3:50	-0.2	6:22	7:38	
27	Fri	10:29	5.1	10:48	5.2	4:19	-0.2	4:40	-0.2	6:23	7:37	
28	Sat	11:18	5.2	11:36	5.0	5:03	-0.2	5:32	-0.1	6:24	7:35	
29	Sun			12:10	5.2	5:50	-0.1	6:28	0.1	6:25	7:34	
30	Mon	12:26	4.7	1:04	5.2	6:40	0.0	7:27	0.4	6:26	7:32	
31	Tue	1:19	4.5	2:01	5.1	7:33	0.2	8:27	0.6	6:27	7:31	