































Stone Harbor, Great Channel, NJ - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:15	4.2	3:03	5.0	8:30	0.3	9:30	0.7	6:28	7:29	
2	Thu	3:16	4.1	4:09	4.9	9:30	0.5	10:33	0.7	6:28	7:28	
3	Fri	4:22	4.0	5:15	4.9	10:32	0.5	11:34	0.7	6:29	7:26	
4	Sat	5:27	4.1	6:12	5.0	11:34	0.5			6:30	7:25	
5	Sun	6:24	4.3	7:02	5.0	12:30	0.5	12:32	0.5	6:31	7:23	
6	Mon	7:15	4.4	7:48	5.0	1:21	0.4	1:25	0.4	6:32	7:21	
7	Tue	8:03	4.6	8:30	5.0	2:07	0.3	2:15	0.3	6:33	7:20	
8	Wed	8:47	4.7	9:10	4.9	2:49	0.3	3:00	0.3	6:34	7:18	
9	Thu	9:30	4.8	9:49	4.8	3:27	0.3	3:42	0.4	6:35	7:17	
10	Fri	10:09	4.8	10:26	4.6	4:03	0.4	4:22	0.5	6:36	7:15	
11	Sat	10:48	4.8	11:03	4.5	4:36	0.5	5:02	0.6	6:37	7:13	
12	Sun	11:25	4.7	11:40	4.3	5:09	0.6	5:42	0.8	6:37	7:12	
13	Mon			12:03	4.6	5:43	0.7	6:24	1.0	6:38	7:10	
14	Tue	12:18	4.1	12:43	4.6	6:18	0.9	7:10	1.1	6:39	7:09	
15	Wed	1:00	3.9	1:26	4.5	6:59	1.0	8:00	1.2	6:40	7:07	
16	Thu	1:46	3.8	2:15	4.4	7:47	1.0	8:54	1.3	6:41	7:05	
17	Fri	2:40	3.8	3:12	4.5	8:42	1.0	9:52	1.2	6:42	7:04	
18	Sat	3:41	3.8	4:16	4.5	9:44	1.0	10:50	1.1	6:43	7:02	
19	Sun	4:45	3.9	5:18	4.7	10:48	0.8	11:46	0.8	6:44	7:01	
20	Mon	5:45	4.2	6:14	4.9	11:50	0.6			6:45	6:59	
21	Tue	6:40	4.5	7:06	5.1	12:39	0.5	12:50	0.3	6:46	6:57	
22	Wed	7:33	4.9	7:57	5.2	1:29	0.3	1:47	0.1	6:47	6:56	
23	Thu	8:25	5.2	8:48	5.2	2:18	0.0	2:42	-0.1	6:47	6:54	
24	Fri	9:16	5.4	9:38	5.2	3:05	-0.2	3:35	-0.3	6:48	6:53	
25	Sat	10:08	5.6	10:28	5.1	3:52	-0.3	4:26	-0.2	6:49	6:51	
26	Sun	11:00	5.6	11:18	4.9	4:38	-0.2	5:19	-0.1	6:50	6:49	
27	Mon	11:52	5.6			5:26	-0.1	6:14	0.1	6:51	6:48	
28	Tue	12:10	4.6	12:47	5.4	6:17	0.1	7:12	0.3	6:52	6:46	
29	Wed	1:05	4.4	1:44	5.2	7:13	0.3	8:12	0.5	6:53	6:45	
30	Thu	2:02	4.2	2:44	5.0	8:11	0.6	9:12	0.7	6:54	6:43	