

































Stone Harbor, Great Channel, NJ - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:02	4.1	3:47	4.8	9:12	0.7	10:12	0.7	6:55	6:41	
2	Sat	4:07	4.1	4:50	4.8	10:15	0.8	11:09	0.7	6:56	6:40	
3	Sun	5:09	4.2	5:45	4.7	11:16	0.8			6:57	6:38	
4	Mon	6:04	4.4	6:33	4.8	12:01	0.6	12:13	0.7	6:58	6:37	
5	Tue	6:52	4.6	7:16	4.8	12:49	0.5	1:05	0.6	6:59	6:35	
6	Wed	7:36	4.8	7:57	4.7	1:32	0.4	1:53	0.5	7:00	6:34	
7	Thu	8:19	4.9	8:37	4.7	2:13	0.4	2:37	0.4	7:01	6:32	
8	Fri	9:00	5.0	9:17	4.6	2:51	0.4	3:19	0.4	7:02	6:30	
9	Sat	9:39	5.0	9:55	4.4	3:26	0.4	3:59	0.5	7:03	6:29	
10	Sun	10:16	4.9	10:32	4.3	4:00	0.5	4:37	0.6	7:04	6:27	
11	Mon	10:53	4.9	11:10	4.1	4:33	0.6	5:16	0.7	7:04	6:26	
12	Tue	11:29	4.8	11:48	4.0	5:06	0.7	5:57	0.9	7:05	6:24	
13	Wed			12:07	4.7	5:41	0.8	6:40	1.0	7:06	6:23	
14	Thu	12:30	3.9	12:48	4.6	6:22	0.9	7:29	1.1	7:07	6:21	
15	Fri	1:16	3.8	1:36	4.5	7:12	1.0	8:21	1.1	7:08	6:20	
16	Sat	2:09	3.8	2:31	4.5	8:11	1.0	9:16	1.0	7:09	6:19	
17	Sun	3:09	3.9	3:34	4.5	9:15	1.0	10:12	0.8	7:11	6:17	
18	Mon	4:14	4.1	4:40	4.6	10:22	0.8	11:09	0.6	7:12	6:16	
19	Tue	5:17	4.4	5:40	4.8	11:27	0.6			7:13	6:14	
20	Wed	6:14	4.8	6:36	4.9	12:03	0.3	12:29	0.3	7:14	6:13	
21	Thu	7:09	5.2	7:30	5.0	12:56	0.1	1:28	0.0	7:15	6:12	
22	Fri	8:02	5.5	8:23	5.0	1:47	-0.2	2:25	-0.2	7:16	6:10	
23	Sat	8:56	5.7	9:16	4.9	2:37	-0.3	3:20	-0.3	7:17	6:09	
24	Sun	9:49	5.8	10:08	4.8	3:26	-0.4	4:12	-0.3	7:18	6:08	
25	Mon	10:42	5.8	11:01	4.6	4:15	-0.3	5:05	-0.2	7:19	6:06	
26	Tue	11:35	5.6	11:54	4.4	5:04	-0.2	5:59	0.0	7:20	6:05	
27	Wed			12:29	5.4	5:56	0.1	6:55	0.2	7:21	6:04	
28	Thu	12:49	4.2	1:24	5.1	6:52	0.4	7:51	0.4	7:22	6:03	
29	Fri	1:45	4.1	2:19	4.8	7:50	0.6	8:48	0.5	7:23	6:01	
30	Sat	2:44	4.0	3:16	4.6	8:51	0.8	9:43	0.6	7:24	6:00	
31	Sun	2:44	4.1	3:14	4.4	8:52	0.9	9:36	0.6	6:25	4:59	