

































## Stone Harbor, Great Channel, NJ - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:01	4.3	8:17	3.9	1:43	-0.2	2:21	-0.2	6:30	5:51	
2	Sun	8:39	4.3	8:56	3.9	2:24	-0.3	2:56	-0.2	6:29	5:52	
3	Mon	9:15	4.2	9:34	3.9	3:03	-0.2	3:29	-0.1	6:27	5:53	
4	Tue	9:50	4.1	10:09	3.9	3:41	-0.2	4:00	0.0	6:26	5:54	
5	Wed	10:24	3.9	10:44	3.9	4:18	0.0	4:32	0.1	6:24	5:56	
6	Thu	10:59	3.7	11:20	3.9	4:58	0.1	5:04	0.1	6:23	5:57	
7	Fri	11:37	3.6			5:42	0.3	5:41	0.2	6:21	5:58	
8	Sat	12:00	3.9	12:20	3.4	6:31	0.4	6:26	0.3	6:20	5:59	
9	Sun	12:46	3.9	1:10	3.3	7:27	0.5	7:19	0.3	6:18	6:00	
10	Mon	1:43	3.9	2:11	3.2	8:29	0.5	8:21	0.3	6:17	6:01	
11	Tue	2:52	4.0	3:21	3.3	9:33	0.4	9:29	0.2	6:15	6:02	
12	Wed	4:03	4.2	4:29	3.5	10:36	0.2	10:36	-0.1	6:14	6:03	
13	Thu	5:08	4.5	5:31	3.8	11:36	-0.1	11:40	-0.3	6:12	6:04	
14	Fri	6:06	4.7	6:28	4.2			12:31	-0.4	6:11	6:05	
15	Sat	7:01	4.9	7:24	4.5	12:40	-0.6	1:24	-0.7	6:09	6:06	
16	Sun	7:54	5.0	8:17	4.7	1:37	-0.9	2:13	-0.9	6:08	6:07	
17	Mon	8:46	5.0	9:09	4.9	2:31	-1.0	2:59	-1.0	6:06	6:08	
18	Tue	9:35	4.8	10:00	5.0	3:23	-1.0	3:45	-0.9	6:04	6:09	
19	Wed	10:23	4.6	10:50	4.9	4:14	-0.9	4:31	-0.7	6:03	6:10	
20	Thu	11:11	4.3	11:41	4.8	5:07	-0.6	5:19	-0.5	6:01	6:11	
21	Fri			12:01	4.0	6:02	-0.3	6:10	-0.2	6:00	6:12	
22	Sat	12:33	4.5	12:52	3.7	6:59	0.0	7:03	0.1	5:58	6:13	
23	Sun	1:28	4.3	1:47	3.5	7:58	0.3	7:58	0.3	5:56	6:14	
24	Mon	2:27	4.1	2:47	3.4	8:57	0.4	8:56	0.4	5:55	6:15	
25	Tue	3:30	4.0	3:49	3.4	9:57	0.4	9:56	0.5	5:53	6:16	
26	Wed	4:29	4.0	4:47	3.6	10:52	0.4	10:53	0.4	5:52	6:17	
27	Thu	5:20	4.1	5:37	3.8	11:42	0.3	11:46	0.3	5:50	6:17	
28	Fri	6:06	4.2	6:23	4.0			12:27	0.2	5:49	6:18	
29	Sat	6:49	4.3	7:07	4.1	12:35	0.1	1:08	0.1	5:47	6:19	
30	Sun	7:30	4.3	7:49	4.3	1:20	0.0	1:46	0.0	5:45	6:20	
31	Mon	8:09	4.3	8:29	4.4	2:02	-0.1	2:21	0.0	5:44	6:21	