

































## Stone Harbor, Great Channel, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:26	3.8	4:15	4.3	9:46	0.6	10:35	1.0	5:36	8:28	
2	Mon	4:19	3.6	5:08	4.4	10:31	0.6	11:31	1.0	5:37	8:28	
3	Tue	5:12	3.6	5:58	4.6	11:18	0.7			5:37	8:28	
4	Wed	6:04	3.5	6:46	4.7	12:26	0.9	12:06	0.6	5:38	8:28	
5	Thu	6:54	3.5	7:33	4.8	1:18	0.8	12:53	0.6	5:38	8:28	
6	Fri	7:42	3.6	8:18	4.9	2:06	0.6	1:40	0.5	5:39	8:28	
7	Sat	8:30	3.6	9:02	4.9	2:51	0.5	2:26	0.5	5:40	8:27	
8	Sun	9:16	3.7	9:43	4.9	3:32	0.4	3:10	0.4	5:40	8:27	
9	Mon	10:00	3.7	10:21	4.9	4:11	0.4	3:52	0.4	5:41	8:27	
10	Tue	10:42	3.9	10:59	4.9	4:48	0.3	4:34	0.4	5:42	8:26	
11	Wed	11:23	4.0	11:37	4.8	5:25	0.3	5:19	0.4	5:42	8:26	
12	Thu			12:06	4.1	6:04	0.2	6:09	0.5	5:43	8:25	
13	Fri	12:18	4.6	12:53	4.3	6:46	0.2	7:04	0.6	5:44	8:25	
14	Sat	1:04	4.5	1:43	4.5	7:31	0.2	8:05	0.7	5:44	8:24	
15	Sun	1:54	4.2	2:39	4.6	8:21	0.2	9:09	0.7	5:45	8:24	
16	Mon	2:51	4.0	3:43	4.8	9:14	0.2	10:17	0.7	5:46	8:23	
17	Tue	3:56	3.8	4:52	4.9	10:13	0.2	11:26	0.6	5:47	8:23	
18	Wed	5:06	3.7	5:59	5.1	11:16	0.1			5:47	8:22	
19	Thu	6:12	3.7	7:01	5.3	12:32	0.5	12:18	0.1	5:48	8:22	
20	Fri	7:15	3.8	8:00	5.4	1:34	0.3	1:20	0.0	5:49	8:21	
21	Sat	8:15	4.0	8:56	5.4	2:31	0.1	2:19	-0.1	5:50	8:20	
22	Sun	9:12	4.1	9:47	5.4	3:23	0.0	3:13	-0.1	5:50	8:19	
23	Mon	10:05	4.3	10:33	5.3	4:09	-0.1	4:04	0.0	5:51	8:19	
24	Tue	10:54	4.3	11:15	5.0	4:52	-0.1	4:52	0.1	5:52	8:18	
25	Wed	11:40	4.4	11:55	4.8	5:34	0.0	5:40	0.3	5:53	8:17	
26	Thu			12:24	4.4	6:14	0.2	6:28	0.6	5:54	8:16	
27	Fri	12:34	4.5	1:07	4.4	6:54	0.4	7:17	0.8	5:55	8:15	
28	Sat	1:14	4.2	1:51	4.4	7:33	0.5	8:08	1.0	5:56	8:14	
29	Sun	1:56	4.0	2:37	4.3	8:13	0.7	9:00	1.1	5:56	8:14	
30	Mon	2:42	3.7	3:28	4.3	8:55	0.8	9:56	1.2	5:57	8:13	
31	Tue	3:34	3.6	4:24	4.4	9:42	0.8	10:54	1.2	5:58	8:12	