

































Stone Harbor, Great Channel, NJ - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:28	3.9	4:36	3.2	10:52	0.4	10:43	0.3	6:31	5:51	
2	Sat	5:21	4.0	5:29	3.3	11:45	0.3	11:36	0.2	6:30	5:52	
3	Sun	6:08	4.1	6:17	3.5			12:32	0.2	6:28	5:53	
4	Mon	6:53	4.2	7:03	3.6	12:25	0.1	1:16	0.0	6:27	5:54	
5	Tue	7:35	4.3	7:47	3.7	1:11	0.0	1:55	-0.1	6:25	5:55	
6	Wed	8:14	4.3	8:28	3.9	1:54	-0.1	2:30	-0.1	6:24	5:56	
7	Thu	8:51	4.2	9:06	3.9	2:34	-0.2	3:04	-0.1	6:22	5:57	
8	Fri	9:26	4.1	9:42	4.0	3:13	-0.2	3:36	-0.1	6:21	5:58	
9	Sat	9:59	4.0	10:16	4.0	3:51	-0.1	4:08	0.0	6:19	5:59	
10	Sun	11:34	3.9	11:52	4.1	5:31	0.0	5:41	0.0	7:18	7:00	
11	Mon			12:11	3.7	6:15	0.1	6:19	0.1	7:16	7:01	
12	Tue	12:32	4.1	12:54	3.6	7:05	0.3	7:03	0.1	7:14	7:02	
13	Wed	1:20	4.1	1:46	3.4	8:03	0.4	7:57	0.2	7:13	7:03	
14	Thu	2:17	4.1	2:47	3.3	9:06	0.4	9:00	0.2	7:11	7:04	
15	Fri	3:26	4.2	3:58	3.3	10:13	0.4	10:08	0.1	7:10	7:05	
16	Sat	4:42	4.3	5:12	3.4	11:20	0.2	11:18	-0.1	7:08	7:06	
17	Sun	5:52	4.5	6:17	3.7			12:22	-0.1	7:07	7:07	
18	Mon	6:54	4.8	7:17	4.1	12:24	-0.3	1:20	-0.4	7:05	7:08	
19	Tue	7:50	4.9	8:13	4.4	1:26	-0.6	2:13	-0.6	7:04	7:09	
20	Wed	8:44	5.0	9:07	4.7	2:24	-0.8	3:02	-0.8	7:02	7:10	
21	Thu	9:34	5.0	9:58	4.8	3:18	-0.9	3:48	-0.8	7:00	7:11	
22	Fri	10:21	4.8	10:46	4.9	4:09	-0.9	4:32	-0.8	6:59	7:12	
23	Sat	11:06	4.6	11:33	4.8	4:59	-0.7	5:15	-0.6	6:57	7:13	
24	Sun	11:51	4.3			5:48	-0.5	5:58	-0.3	6:56	7:14	
25	Mon	12:19	4.7	12:35	4.0	6:39	-0.2	6:43	0.0	6:54	7:15	
26	Tue	1:06	4.4	1:21	3.7	7:32	0.1	7:30	0.3	6:52	7:16	
27	Wed	1:54	4.2	2:10	3.4	8:26	0.4	8:19	0.5	6:51	7:17	
28	Thu	2:46	4.0	3:04	3.3	9:21	0.6	9:13	0.7	6:49	7:18	
29	Fri	3:44	3.9	4:04	3.2	10:19	0.7	10:11	0.7	6:48	7:19	
30	Sat	4:46	3.9	5:05	3.3	11:15	0.6	11:09	0.7	6:46	7:20	
31	Sun	5:43	4.0	6:00	3.5			12:07	0.5	6:45	7:21	