



























Stone Harbor, Great Channel, NJ - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:46	3.9	8:19	5.3	2:01	0.3	1:50	0.1	5:36	8:28	
2	Tue	8:40	4.0	9:11	5.4	2:54	0.1	2:42	-0.1	5:37	8:28	
3	Wed	9:34	4.0	10:03	5.5	3:44	-0.1	3:33	-0.2	5:37	8:28	
4	Thu	10:28	4.1	10:53	5.5	4:33	-0.2	4:24	-0.2	5:38	8:28	
5	Fri	11:21	4.2	11:44	5.4	5:22	-0.3	5:16	-0.1	5:39	8:28	
6	Sat			12:15	4.3	6:12	-0.2	6:12	0.0	5:39	8:28	
7	Sun	12:36	5.2	1:10	4.4	7:03	-0.2	7:11	0.2	5:40	8:27	
8	Mon	1:27	5.0	2:05	4.5	7:55	-0.1	8:12	0.3	5:40	8:27	
9	Tue	2:20	4.7	3:03	4.6	8:46	0.0	9:14	0.4	5:41	8:27	
10	Wed	3:14	4.4	4:04	4.7	9:38	0.0	10:17	0.5	5:42	8:26	
11	Thu	4:12	4.2	5:04	4.8	10:31	0.1	11:20	0.5	5:42	8:26	
12	Fri	5:10	4.0	6:00	4.9	11:24	0.1			5:43	8:25	
13	Sat	6:05	3.9	6:51	5.0	12:19	0.5	12:15	0.2	5:44	8:25	
14	Sun	6:56	3.9	7:39	5.1	1:15	0.4	1:06	0.2	5:44	8:25	
15	Mon	7:46	3.9	8:26	5.1	2:07	0.3	1:54	0.3	5:45	8:24	
16	Tue	8:34	3.9	9:10	5.0	2:55	0.3	2:40	0.3	5:46	8:23	
17	Wed	9:21	3.9	9:51	5.0	3:38	0.3	3:23	0.4	5:47	8:23	
18	Thu	10:05	3.9	10:30	4.9	4:18	0.3	4:03	0.4	5:47	8:22	
19	Fri	10:48	3.9	11:08	4.7	4:56	0.4	4:43	0.6	5:48	8:22	
20	Sat	11:29	3.9	11:44	4.6	5:32	0.5	5:22	0.7	5:49	8:21	
21	Sun			12:09	3.9	6:09	0.6	6:04	0.8	5:50	8:20	
22	Mon	12:21	4.4	12:50	3.9	6:45	0.6	6:49	0.9	5:51	8:20	
23	Tue	12:59	4.3	1:32	4.0	7:23	0.7	7:39	1.0	5:51	8:19	
24	Wed	1:40	4.1	2:17	4.1	8:03	0.7	8:33	1.1	5:52	8:18	
25	Thu	2:27	3.9	3:08	4.2	8:47	0.7	9:32	1.1	5:53	8:17	
26	Fri	3:20	3.8	4:06	4.3	9:36	0.6	10:35	1.0	5:54	8:16	
27	Sat	4:22	3.7	5:07	4.6	10:31	0.6	11:38	0.9	5:55	8:15	
28	Sun	5:24	3.7	6:06	4.9	11:29	0.4			5:56	8:15	
29	Mon	6:24	3.8	7:02	5.2	12:39	0.6	12:28	0.3	5:57	8:14	
30	Tue	7:22	4.0	7:58	5.4	1:37	0.3	1:26	0.1	5:57	8:13	
31	Wed	8:19	4.1	8:53	5.6	2:32	0.1	2:23	-0.1	5:58	8:12	