

































Stone Harbor, Great Channel, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:44	4.6	6:58	3.8	12:09	-0.3	1:05	-0.3	6:31	5:51	
2	Mon	7:32	4.6	7:48	4.1	1:05	-0.5	1:50	-0.5	6:29	5:52	
3	Tue	8:15	4.6	8:33	4.2	1:55	-0.6	2:31	-0.5	6:28	5:53	
4	Wed	8:55	4.4	9:15	4.3	2:41	-0.6	3:08	-0.5	6:26	5:54	
5	Thu	9:32	4.3	9:53	4.3	3:24	-0.5	3:43	-0.4	6:25	5:55	
6	Fri	10:08	4.0	10:31	4.2	4:05	-0.3	4:16	-0.2	6:23	5:56	
7	Sat	10:44	3.8	11:09	4.1	4:47	-0.1	4:49	0.0	6:22	5:57	
8	Sun			12:21	3.5	6:30	0.2	6:23	0.2	7:20	6:58	
9	Mon	12:48	4.0	1:01	3.3	7:16	0.4	7:00	0.4	7:19	6:59	
10	Tue	1:30	3.9	1:46	3.1	8:06	0.7	7:44	0.5	7:17	7:00	
11	Wed	2:19	3.8	2:38	2.9	9:01	0.8	8:35	0.6	7:16	7:01	
12	Thu	3:18	3.7	3:39	2.9	10:00	0.9	9:35	0.7	7:14	7:02	
13	Fri	4:25	3.7	4:45	2.9	11:00	0.8	10:40	0.6	7:12	7:03	
14	Sat	5:28	3.8	5:46	3.1	11:56	0.6	11:43	0.4	7:11	7:04	
15	Sun	6:23	4.0	6:39	3.4			12:46	0.4	7:09	7:06	
16	Mon	7:11	4.2	7:28	3.7	12:41	0.2	1:32	0.2	7:08	7:07	
17	Tue	7:57	4.3	8:15	4.1	1:36	0.0	2:15	-0.1	7:06	7:07	
18	Wed	8:41	4.4	9:00	4.4	2:27	-0.3	2:56	-0.3	7:05	7:08	
19	Thu	9:24	4.4	9:45	4.6	3:16	-0.5	3:36	-0.4	7:03	7:09	
20	Fri	10:07	4.3	10:30	4.8	4:03	-0.5	4:16	-0.5	7:01	7:10	
21	Sat	10:51	4.1	11:16	4.8	4:52	-0.5	4:57	-0.4	7:00	7:11	
22	Sun	11:38	3.9			5:43	-0.3	5:41	-0.3	6:58	7:12	
23	Mon	12:06	4.8	12:28	3.7	6:38	-0.1	6:31	-0.1	6:57	7:13	
24	Tue	1:01	4.7	1:23	3.5	7:39	0.1	7:28	0.0	6:55	7:14	
25	Wed	2:01	4.5	2:24	3.3	8:42	0.3	8:31	0.2	6:54	7:15	
26	Thu	3:10	4.4	3:34	3.2	9:48	0.4	9:39	0.3	6:52	7:16	
27	Fri	4:24	4.3	4:47	3.4	10:53	0.3	10:49	0.3	6:50	7:17	
28	Sat	5:33	4.3	5:53	3.7	11:53	0.2	11:55	0.2	6:49	7:18	
29	Sun	6:29	4.4	6:48	4.0			12:46	0.0	6:47	7:19	
30	Mon	7:18	4.4	7:37	4.3	12:55	0.0	1:34	-0.1	6:46	7:20	
31	Tue	8:02	4.4	8:23	4.5	1:48	-0.1	2:17	-0.2	6:44	7:21	