

































## Stone Harbor, Great Channel, NJ - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:47	4.0	9:14	4.9	2:59	0.1	2:54	0.2	6:00	7:51	
2	Sat	9:27	3.9	9:52	4.9	3:40	0.1	3:29	0.3	5:59	7:52	
3	Sun	10:06	3.8	10:29	4.8	4:20	0.2	4:02	0.4	5:58	7:53	
4	Mon	10:45	3.6	11:05	4.7	4:58	0.3	4:35	0.5	5:56	7:54	
5	Tue	11:24	3.5	11:42	4.5	5:38	0.5	5:08	0.6	5:55	7:55	
6	Wed			12:05	3.4	6:19	0.7	5:45	0.7	5:54	7:56	
7	Thu	12:21	4.4	12:48	3.4	7:03	0.8	6:29	0.9	5:53	7:57	
8	Fri	1:04	4.3	1:36	3.4	7:49	0.9	7:24	0.9	5:52	7:58	
9	Sat	1:52	4.2	2:29	3.4	8:38	0.9	8:26	1.0	5:51	7:59	
10	Sun	2:46	4.1	3:28	3.6	9:28	0.8	9:32	0.9	5:50	8:00	
11	Mon	3:47	4.0	4:30	3.9	10:20	0.6	10:40	0.8	5:49	8:01	
12	Tue	4:50	4.1	5:29	4.3	11:13	0.4	11:45	0.6	5:48	8:02	
13	Wed	5:49	4.1	6:24	4.7			12:04	0.2	5:47	8:03	
14	Thu	6:44	4.1	7:16	5.1	12:47	0.3	12:55	0.0	5:46	8:04	
15	Fri	7:37	4.1	8:09	5.3	1:47	0.0	1:46	-0.1	5:45	8:05	
16	Sat	8:32	4.1	9:04	5.5	2:44	-0.2	2:37	-0.2	5:44	8:06	
17	Sun	9:27	4.0	9:58	5.6	3:38	-0.3	3:27	-0.3	5:44	8:06	
18	Mon	10:22	4.0	10:53	5.6	4:31	-0.3	4:18	-0.2	5:43	8:07	
19	Tue	11:17	3.9	11:48	5.4	5:24	-0.2	5:10	-0.1	5:42	8:08	
20	Wed			12:13	3.9	6:18	-0.1	6:06	0.1	5:41	8:09	
21	Thu	12:43	5.2	1:10	3.9	7:14	0.1	7:05	0.3	5:40	8:10	
22	Fri	1:37	4.9	2:08	3.9	8:09	0.2	8:07	0.5	5:40	8:11	
23	Sat	2:32	4.6	3:06	4.0	9:02	0.3	9:10	0.7	5:39	8:12	
24	Sun	3:27	4.4	4:06	4.1	9:53	0.3	10:12	0.7	5:38	8:12	
25	Mon	4:22	4.2	5:03	4.3	10:42	0.3	11:12	0.7	5:38	8:13	
26	Tue	5:14	4.0	5:54	4.5	11:29	0.3			5:37	8:14	
27	Wed	6:02	3.9	6:39	4.7	12:09	0.6	12:14	0.3	5:37	8:15	
28	Thu	6:47	3.9	7:22	4.8	1:01	0.5	12:56	0.3	5:36	8:16	
29	Fri	7:31	3.8	8:04	4.9	1:50	0.4	1:38	0.4	5:36	8:16	
30	Sat	8:14	3.7	8:46	4.9	2:36	0.4	2:18	0.4	5:35	8:17	
31	Sun	8:58	3.7	9:27	4.9	3:19	0.3	2:57	0.4	5:35	8:18	