

Strathmere, NJ - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:42	3.8	3:56	4.0	9:53	0.9	10:19	0.5	6:26	4:57	
2	Tue	4:31	4.0	4:45	3.9	10:47	0.8	11:03	0.5	6:27	4:56	
3	Wed	5:14	4.1	5:29	3.9	11:36	0.6	11:43	0.4	6:28	4:55	
4	Thu	5:54	4.3	6:10	3.9			12:20	0.5	6:30	4:54	
5	Fri	6:32	4.4	6:51	3.9	12:22	0.4	1:02	0.4	6:31	4:53	
6	Sat	7:10	4.5	7:30	3.8	12:58	0.3	1:41	0.4	6:32	4:52	
7	Sun	7:46	4.6	8:08	3.7	1:33	0.3	2:18	0.3	6:33	4:51	
8	Mon	8:20	4.5	8:45	3.6	2:06	0.4	2:54	0.4	6:34	4:50	
9	Tue	8:55	4.5	9:23	3.5	2:39	0.4	3:31	0.5	6:35	4:49	
10	Wed	9:29	4.4	10:02	3.3	3:13	0.6	4:10	0.6	6:36	4:48	
11	Thu	10:07	4.3	10:46	3.2	3:50	0.7	4:53	0.7	6:37	4:47	
12	Fri	10:50	4.1	11:35	3.2	4:34	0.8	5:40	0.7	6:39	4:46	
13	Sat	11:38	4.0			5:27	0.9	6:30	0.7	6:40	4:45	
14	Sun	12:28	3.3	12:32	4.0	6:26	0.9	7:21	0.6	6:41	4:45	
15	Mon	1:26	3.4	1:32	3.9	7:30	0.8	8:17	0.5	6:42	4:44	
16	Tue	2:29	3.7	2:38	3.9	8:39	0.7	9:15	0.3	6:43	4:43	
17	Wed	3:31	4.1	3:44	4.0	9:47	0.4	10:10	0.0	6:44	4:42	
18	Thu	4:26	4.5	4:43	4.1	10:49	0.1	11:03	-0.3	6:45	4:42	
19	Fri	5:19	4.9	5:39	4.2	11:47	-0.3	11:55	-0.5	6:46	4:41	
20	Sat	6:11	5.2	6:35	4.2			12:43	-0.5	6:47	4:40	
21	Sun	7:04	5.4	7:30	4.2	12:47	-0.6	1:37	-0.7	6:49	4:40	
22	Mon	7:56	5.5	8:23	4.2	1:39	-0.7	2:29	-0.8	6:50	4:39	
23	Tue	8:47	5.4	9:16	4.1	2:29	-0.6	3:20	-0.7	6:51	4:39	
24	Wed	9:38	5.2	10:11	3.9	3:20	-0.4	4:13	-0.5	6:52	4:38	
25	Thu	10:32	4.9	11:09	3.7	4:14	-0.1	5:09	-0.3	6:53	4:38	
26	Fri	11:28	4.5			5:13	0.2	6:06	0.0	6:54	4:37	
27	Sat	12:08	3.6	12:23	4.2	6:15	0.5	7:00	0.1	6:55	4:37	
28	Sun	1:06	3.5	1:19	3.8	7:16	0.7	7:54	0.3	6:56	4:37	
29	Mon	2:05	3.5	2:17	3.6	8:19	0.8	8:47	0.4	6:57	4:36	
30	Tue	3:04	3.6	3:16	3.4	9:22	0.8	9:38	0.4	6:58	4:36	