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# Strathmere, NJ - Jul 2000

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 8:11 | 4.0 | 8:32 | 5.4 | 2:20 | -0.4 | 2:12 | -0.5 | 5:36 | 8:28 | |
| 2 | Sun | 9:06 | 4.1 | 9:25 | 5.5 | 3:13 | -0.6 | 3:06 | -0.5 | 5:36 | 8:28 | |
| 3 | Mon | 10:01 | 4.1 | 10:17 | 5.4 | 4:04 | -0.6 | 3:59 | -0.4 | 5:37 | 8:28 | |
| 4 | Tue | 10:56 | 4.1 | 11:11 | 5.1 | 4:56 | -0.6 | 4:54 | -0.2 | 5:37 | 8:28 | |
| 5 | Wed | 11:53 | 4.1 | | | 5:50 | -0.4 | 5:53 | 0.0 | 5:38 | 8:28 | |
| 6 | Thu | 12:06 | 4.8 | 12:50 | 4.1 | 6:45 | -0.3 | 6:55 | 0.2 | 5:39 | 8:27 | |
| 7 | Fri | 1:02 | 4.5 | 1:47 | 4.1 | 7:39 | -0.1 | 7:56 | 0.5 | 5:39 | 8:27 | |
| 8 | Sat | 1:57 | 4.1 | 2:43 | 4.0 | 8:31 | 0.1 | 8:58 | 0.7 | 5:40 | 8:27 | |
| 9 | Sun | 2:54 | 3.8 | 3:42 | 4.0 | 9:24 | 0.3 | 10:02 | 0.8 | 5:40 | 8:26 | |
| 10 | Mon | 3:55 | 3.5 | 4:38 | 4.1 | 10:17 | 0.5 | 11:03 | 0.8 | 5:41 | 8:26 | |
| 11 | Tue | 4:53 | 3.4 | 5:28 | 4.2 | 11:07 | 0.5 | 11:58 | 0.7 | 5:42 | 8:26 | |
| 12 | Wed | 5:44 | 3.3 | 6:14 | 4.3 | 11:54 | 0.6 | | | 5:42 | 8:25 | |
| 13 | Thu | 6:32 | 3.3 | 6:57 | 4.4 | 12:48 | 0.6 | 12:38 | 0.6 | 5:43 | 8:25 | |
| 14 | Fri | 7:18 | 3.3 | 7:39 | 4.5 | 1:34 | 0.5 | 1:21 | 0.5 | 5:44 | 8:24 | |
| 15 | Sat | 8:03 | 3.4 | 8:20 | 4.5 | 2:17 | 0.4 | 2:02 | 0.5 | 5:45 | 8:24 | |
| 16 | Sun | 8:45 | 3.4 | 8:59 | 4.6 | 2:56 | 0.3 | 2:41 | 0.5 | 5:45 | 8:23 | |
| 17 | Mon | 9:24 | 3.5 | 9:36 | 4.5 | 3:33 | 0.3 | 3:18 | 0.5 | 5:46 | 8:22 | |
| 18 | Tue | 10:02 | 3.5 | 10:12 | 4.5 | 4:08 | 0.3 | 3:54 | 0.6 | 5:47 | 8:22 | |
| 19 | Wed | 10:39 | 3.5 | 10:47 | 4.3 | 4:43 | 0.3 | 4:31 | 0.6 | 5:48 | 8:21 | |
| 20 | Thu | 11:17 | 3.5 | 11:24 | 4.2 | 5:19 | 0.4 | 5:11 | 0.7 | 5:49 | 8:20 | |
| 21 | Fri | 11:57 | 3.6 | | | 5:57 | 0.4 | 5:57 | 0.8 | 5:49 | 8:20 | |
| 22 | Sat | 12:05 | 4.1 | 12:40 | 3.7 | 6:37 | 0.5 | 6:49 | 0.9 | 5:50 | 8:19 | |
| 23 | Sun | 12:49 | 3.9 | 1:26 | 3.8 | 7:20 | 0.4 | 7:45 | 0.9 | 5:51 | 8:18 | |
| 24 | Mon | 1:38 | 3.7 | 2:18 | 4.0 | 8:06 | 0.4 | 8:47 | 0.9 | 5:52 | 8:17 | |
| 25 | Tue | 2:35 | 3.6 | 3:19 | 4.2 | 8:59 | 0.4 | 9:57 | 0.8 | 5:53 | 8:17 | |
| 26 | Wed | 3:43 | 3.5 | 4:24 | 4.5 | 9:59 | 0.3 | 11:06 | 0.5 | 5:54 | 8:16 | |
| 27 | Thu | 4:53 | 3.6 | 5:26 | 4.8 | 11:02 | 0.2 | | | 5:54 | 8:15 | |
| 28 | Fri | 5:57 | 3.7 | 6:24 | 5.1 | 12:09 | 0.3 | 12:02 | 0.0 | 5:55 | 8:14 | |
| 29 | Sat | 6:57 | 3.9 | 7:21 | 5.3 | 1:08 | -0.1 | 1:01 | -0.2 | 5:56 | 8:13 | |
| 30 | Sun | 7:56 | 4.1 | 8:17 | 5.4 | 2:04 | -0.3 | 1:58 | -0.4 | 5:57 | 8:12 | |
| 31 | Mon | 8:51 | 4.3 | 9:10 | 5.5 | 2:56 | -0.5 | 2:53 | -0.5 | 5:58 | 8:11 | |