US HARBORS www.USHarbors.com

Strathmere, NJ - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:29	3.4	10:54	4.0	4:35	-0.1	4:41	-0.2	6:30	5:51	
2	Mon	11:19	3.1	11:47	3.9	5:31	0.0	5:31	-0.1	6:29	5:52	
3	Tue			12:16	2.9	6:33	0.2	6:28	0.0	6:27	5:53	
4	Wed	12:48	3.9	1:24	2.8	7:42	0.3	7:33	0.1	6:26	5:54	
5	Thu	2:01	3.9	2:46	2.8	8:57	0.3	8:48	0.1	6:24	5:55	
6	Fri	3:20	4.0	4:01	3.0	10:08	0.1	10:02	-0.1	6:23	5:56	
7	Sat	4:28	4.1	5:03	3.3	11:08	-0.2	11:07	-0.3	6:21	5:57	
8	Sun	6:27	4.3	6:58	3.7			1:01	-0.5	7:20	6:58	
9	Mon	7:21	4.4	7:49	4.0	1:06	-0.6	1:50	-0.7	7:18	6:59	
10	Tue	8:10	4.5	8:36	4.3	2:00	-0.8	2:34	-0.8	7:17	7:00	
11	Wed	8:56	4.4	9:20	4.4	2:49	-0.8	3:16	-0.8	7:15	7:01	
12	Thu	9:38	4.2	10:01	4.4	3:35	-0.8	3:55	-0.7	7:13	7:02	
13	Fri	10:19	3.9	10:42	4.3	4:19	-0.6	4:33	-0.5	7:12	7:03	
14	Sat	11:00	3.6	11:24	4.1	5:04	-0.3	5:12	-0.2	7:10	7:04	
15	Sun	11:43	3.3			5:52	0.0	5:52	0.1	7:09	7:05	
16	Mon	12:08	3.9	12:28	3.0	6:42	0.3	6:37	0.4	7:07	7:06	
17	Tue	12:55	3.7	1:17	2.7	7:36	0.6	7:24	0.7	7:06	7:07	
18	Wed	1:46	3.5	2:12	2.5	8:33	0.8	8:18	0.8	7:04	7:08	
19	Thu	2:45	3.3	3:20	2.5	9:36	0.9	9:21	0.9	7:02	7:09	
20	Fri	3:52	3.3	4:30	2.6	10:40	0.8	10:29	0.9	7:01	7:10	
21	Sat	4:54	3.4	5:26	2.8	11:33	0.7	11:28	0.7	6:59	7:11	
22	Sun	5:45	3.6	6:12	3.0			12:17	0.5	6:58	7:12	
23	Mon	6:29	3.7	6:53	3.4	12:18	0.5	12:56	0.3	6:56	7:13	
24	Tue	7:11	3.8	7:33	3.7	1:04	0.2	1:33	0.0	6:54	7:14	
25	Wed	7:52	3.9	8:10	3.9	1:47	0.0	2:08	-0.1	6:53	7:15	
26	Thu	8:31	4.0	8:47	4.2	2:29	-0.2	2:42	-0.3	6:51	7:16	
27	Fri	9:10	3.9	9:25	4.4	3:10	-0.3	3:17	-0.3	6:50	7:17	
28	Sat	9:49	3.8	10:04	4.5	3:51	-0.4	3:54	-0.3	6:48	7:18	
29	Sun	10:30	3.7	10:47	4.5	4:35	-0.3	4:34	-0.3	6:47	7:19	
30	Mon	11:18	3.5	11:37	4.4	5:26	-0.2	5:20	-0.1	6:45	7:20	
31	Tue			12:13	3.3	6:24	0.0	6:15	0.1	6:43	7:21	