US HARBORS www.USHarbors.com

Strathmere, NJ - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:10	4.6	8:37	4.5	2:02	-1.2	2:32	-1.1	6:30	5:50	
2	Tue	8:57	4.4	9:24	4.6	2:52	-1.2	3:16	-1.0	6:29	5:52	
3	Wed	9:44	4.1	10:12	4.4	3:42	-0.9	4:00	-0.8	6:27	5:53	
4	Thu	10:33	3.8	11:02	4.2	4:35	-0.6	4:48	-0.5	6:26	5:54	
5	Fri	11:24	3.4	11:55	4.0	5:31	-0.3	5:38	-0.1	6:25	5:55	
6	Sat			12:18	3.0	6:29	0.1	6:31	0.2	6:23	5:56	
7	Sun	12:50	3.7	1:16	2.7	7:30	0.4	7:28	0.5	6:21	5:57	
8	Mon	1:51	3.5	2:24	2.6	8:36	0.6	8:31	0.6	6:20	5:58	
9	Tue	2:58	3.4	3:34	2.6	9:42	0.6	9:37	0.6	6:18	5:59	
10	Wed	4:00	3.4	4:31	2.7	10:38	0.5	10:34	0.5	6:17	6:00	
11	Thu	4:52	3.5	5:18	2.9	11:25	0.4	11:24	0.4	6:15	6:01	
12	Fri	5:37	3.7	6:00	3.2			12:07	0.2	6:14	6:02	
13	Sat	6:18	3.8	6:40	3.4	12:10	0.2	12:44	0.1	6:12	6:03	
14	Sun	7:58	3.8	8:17	3.6	12:51	0.0	2:18	-0.1	7:11	7:04	
15	Mon	8:34	3.8	8:51	3.8	2:30	-0.1	2:49	-0.1	7:09	7:05	
16	Tue	9:09	3.8	9:23	3.9	3:06	-0.1	3:19	-0.2	7:08	7:06	
17	Wed	9:42	3.7	9:55	4.0	3:41	-0.1	3:48	-0.1	7:06	7:07	
18	Thu	10:15	3.5	10:28	4.0	4:16	-0.1	4:19	-0.1	7:04	7:08	
19	Fri	10:50	3.4	11:05	4.0	4:55	0.0	4:53	0.0	7:03	7:09	
20	Sat	11:30	3.2	11:49	4.0	5:39	0.2	5:34	0.1	7:01	7:10	
21	Sun			12:18	3.0	6:32	0.3	6:24	0.2	7:00	7:11	
22	Mon	12:41	3.9	1:15	2.9	7:31	0.4	7:22	0.3	6:58	7:12	
23	Tue	1:41	3.9	2:23	2.9	8:37	0.4	8:29	0.3	6:56	7:13	
24	Wed	2:51	3.9	3:41	3.0	9:48	0.4	9:44	0.3	6:55	7:14	
25	Thu	4:08	4.0	4:53	3.3	10:54	0.1	10:58	0.0	6:53	7:15	
26	Fri	5:16	4.2	5:53	3.7	11:52	-0.2			6:52	7:16	
27	Sat	6:15	4.3	6:47	4.2	12:03	-0.3	12:44	-0.4	6:50	7:17	
28	Sun	7:09	4.4	7:38	4.5	1:02	-0.6	1:34	-0.7	6:49	7:18	
29	Mon	8:01	4.5	8:27	4.8	1:57	-0.8	2:20	-0.8	6:47	7:19	
30	Tue	8:50	4.4	9:14	4.9	2:48	-0.9	3:05	-0.8	6:45	7:20	
31	Wed	9:37	4.2	9:59	4.9	3:37	-0.9	3:48	-0.7	6:44	7:21	