

Strathmere, NJ - Jan 2023

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:36 | 3.7 | 3:53 | 3.0 | 10:04 | 0.3 | 10:02 | 0.0 | 7:18 | 4:46 | 🌓 |
| 2 | Mon | 4:28 | 3.8 | 4:46 | 2.9 | 11:02 | 0.2 | 10:50 | 0.0 | 7:18 | 4:47 | 🌓 |
| 3 | Tue | 5:15 | 3.9 | 5:35 | 2.9 | 11:54 | 0.2 | 11:36 | 0.0 | 7:18 | 4:47 | 🌒 |
| 4 | Wed | 6:00 | 4.0 | 6:23 | 2.9 | | | 12:43 | 0.1 | 7:18 | 4:48 | 🌒 |
| 5 | Thu | 6:42 | 4.1 | 7:07 | 2.9 | 12:19 | 0.0 | 1:27 | 0.0 | 7:18 | 4:49 | 🌒 |
| 6 | Fri | 7:23 | 4.1 | 7:49 | 2.9 | 1:01 | 0.0 | 2:06 | -0.1 | 7:18 | 4:50 | 🌒 |
| 7 | Sat | 8:01 | 4.1 | 8:29 | 2.9 | 1:41 | 0.0 | 2:43 | -0.1 | 7:18 | 4:51 | 🌒 |
| 8 | Sun | 8:38 | 4.1 | 9:07 | 2.9 | 2:18 | 0.0 | 3:18 | -0.1 | 7:18 | 4:52 | 🌒 |
| 9 | Mon | 9:13 | 4.0 | 9:45 | 2.9 | 2:54 | 0.1 | 3:54 | 0.0 | 7:17 | 4:53 | 🌒 |
| 10 | Tue | 9:48 | 3.8 | 10:24 | 2.9 | 3:30 | 0.2 | 4:29 | 0.1 | 7:17 | 4:54 | 🌒 |
| 11 | Wed | 10:24 | 3.6 | 11:04 | 2.9 | 4:10 | 0.3 | 5:05 | 0.1 | 7:17 | 4:55 | 🌒 |
| 12 | Thu | 11:02 | 3.5 | 11:46 | 2.9 | 4:54 | 0.4 | 5:42 | 0.2 | 7:17 | 4:56 | 🌒 |
| 13 | Fri | 11:42 | 3.3 | | | 5:44 | 0.5 | 6:20 | 0.2 | 7:17 | 4:57 | 🌒 |
| 14 | Sat | 12:30 | 3.0 | 12:28 | 3.1 | 6:38 | 0.6 | 7:02 | 0.2 | 7:16 | 4:58 | 🌒 |
| 15 | Sun | 1:19 | 3.2 | 1:21 | 2.9 | 7:39 | 0.5 | 7:51 | 0.1 | 7:16 | 4:59 | 🌓 |
| 16 | Mon | 2:18 | 3.4 | 2:27 | 2.8 | 8:48 | 0.5 | 8:49 | 0.1 | 7:15 | 5:00 | 🌓 |
| 17 | Tue | 3:22 | 3.7 | 3:40 | 2.8 | 9:59 | 0.3 | 9:51 | -0.1 | 7:15 | 5:01 | 🌓 |
| 18 | Wed | 4:23 | 4.0 | 4:45 | 2.9 | 11:03 | 0.0 | 10:52 | -0.3 | 7:15 | 5:02 | 🌓 |
| 19 | Thu | 5:20 | 4.4 | 5:46 | 3.0 | | | 12:02 | -0.4 | 7:14 | 5:04 | 🌓 |
| 20 | Fri | 6:16 | 4.7 | 6:45 | 3.2 | | | 12:58 | -0.7 | 7:14 | 5:05 | 🌓 |
| 21 | Sat | 7:12 | 4.9 | 7:40 | 3.4 | 12:48 | -0.8 | 1:50 | -0.9 | 7:13 | 5:06 | 🌓 |
| 22 | Sun | 8:04 | 5.0 | 8:33 | 3.6 | 1:43 | -1.0 | 2:38 | -1.1 | 7:12 | 5:07 | 🌑 |
| 23 | Mon | 8:55 | 4.9 | 9:24 | 3.7 | 2:36 | -1.0 | 3:26 | -1.1 | 7:12 | 5:08 | 🌑 |
| 24 | Tue | 9:45 | 4.7 | 10:16 | 3.8 | 3:28 | -0.9 | 4:15 | -1.0 | 7:11 | 5:09 | 🌑 |
| 25 | Wed | 10:36 | 4.4 | 11:09 | 3.7 | 4:24 | -0.7 | 5:04 | -0.8 | 7:10 | 5:10 | 🌑 |
| 26 | Thu | 11:28 | 4.0 | | | 5:23 | -0.4 | 5:55 | -0.6 | 7:10 | 5:12 | 🌑 |
| 27 | Fri | 12:03 | 3.7 | 12:21 | 3.5 | 6:23 | -0.1 | 6:44 | -0.4 | 7:09 | 5:13 | 🌑 |
| 28 | Sat | 12:57 | 3.6 | 1:15 | 3.1 | 7:25 | 0.1 | 7:35 | -0.1 | 7:08 | 5:14 | 🌓 |
| 29 | Sun | 1:55 | 3.5 | 2:16 | 2.8 | 8:30 | 0.3 | 8:28 | 0.1 | 7:07 | 5:15 | 🌓 |
| 30 | Mon | 2:57 | 3.5 | 3:22 | 2.6 | 9:38 | 0.4 | 9:26 | 0.2 | 7:07 | 5:16 | 🌓 |
| 31 | Tue | 3:57 | 3.5 | 4:22 | 2.5 | 10:40 | 0.4 | 10:21 | 0.3 | 7:06 | 5:17 | 🌓 |