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# Strathmere, NJ - Jul 2045

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:11 | 3.3 | 10:20 | 4.4 | 4:20 | 0.3 | 4:02 | 0.6 | 5:36 | 8:28 | |
| 2 | Sun | 10:50 | 3.3 | 10:57 | 4.3 | 4:57 | 0.4 | 4:41 | 0.7 | 5:36 | 8:28 | |
| 3 | Mon | 11:30 | 3.4 | 11:36 | 4.1 | 5:34 | 0.5 | 5:22 | 0.9 | 5:37 | 8:28 | |
| 4 | Tue | | | 12:11 | 3.4 | 6:11 | 0.5 | 6:07 | 1.0 | 5:38 | 8:28 | |
| 5 | Wed | 12:15 | 3.9 | 12:52 | 3.4 | 6:47 | 0.6 | 6:56 | 1.1 | 5:38 | 8:28 | |
| 6 | Thu | 12:54 | 3.7 | 1:34 | 3.5 | 7:24 | 0.6 | 7:47 | 1.2 | 5:39 | 8:27 | |
| 7 | Fri | 1:37 | 3.5 | 2:19 | 3.7 | 8:02 | 0.7 | 8:43 | 1.2 | 5:39 | 8:27 | |
| 8 | Sat | 2:26 | 3.3 | 3:11 | 3.8 | 8:46 | 0.7 | 9:48 | 1.1 | 5:40 | 8:27 | |
| 9 | Sun | 3:27 | 3.1 | 4:11 | 4.1 | 9:39 | 0.6 | 10:56 | 0.9 | 5:41 | 8:26 | |
| 10 | Mon | 4:35 | 3.1 | 5:09 | 4.4 | 10:38 | 0.5 | 11:57 | 0.7 | 5:41 | 8:26 | |
| 11 | Tue | 5:37 | 3.2 | 6:05 | 4.7 | 11:36 | 0.3 | | | 5:42 | 8:26 | |
| 12 | Wed | 6:36 | 3.4 | 7:00 | 5.0 | 12:54 | 0.4 | 12:34 | 0.1 | 5:43 | 8:25 | |
| 13 | Thu | 7:34 | 3.6 | 7:55 | 5.2 | 1:49 | 0.1 | 1:31 | -0.1 | 5:43 | 8:25 | |
| 14 | Fri | 8:30 | 3.8 | 8:49 | 5.4 | 2:41 | -0.2 | 2:27 | -0.3 | 5:44 | 8:24 | |
| 15 | Sat | 9:23 | 4.0 | 9:40 | 5.3 | 3:29 | -0.4 | 3:21 | -0.4 | 5:45 | 8:24 | |
| 16 | Sun | 10:15 | 4.2 | 10:30 | 5.2 | 4:16 | -0.5 | 4:15 | -0.3 | 5:46 | 8:23 | |
| 17 | Mon | 11:07 | 4.3 | 11:22 | 4.9 | 5:05 | -0.5 | 5:11 | -0.2 | 5:46 | 8:22 | |
| 18 | Tue | | | 12:02 | 4.4 | 5:55 | -0.4 | 6:11 | 0.0 | 5:47 | 8:22 | |
| 19 | Wed | 12:16 | 4.5 | 12:57 | 4.4 | 6:46 | -0.2 | 7:12 | 0.3 | 5:48 | 8:21 | |
| 20 | Thu | 1:10 | 4.1 | 1:52 | 4.4 | 7:37 | 0.0 | 8:14 | 0.5 | 5:49 | 8:20 | |
| 21 | Fri | 2:05 | 3.7 | 2:49 | 4.3 | 8:28 | 0.3 | 9:19 | 0.7 | 5:50 | 8:20 | |
| 22 | Sat | 3:06 | 3.4 | 3:51 | 4.3 | 9:22 | 0.5 | 10:26 | 0.8 | 5:50 | 8:19 | |
| 23 | Sun | 4:12 | 3.2 | 4:51 | 4.3 | 10:20 | 0.6 | 11:29 | 0.8 | 5:51 | 8:18 | |
| 24 | Mon | 5:14 | 3.1 | 5:45 | 4.3 | 11:16 | 0.7 | | | 5:52 | 8:17 | |
| 25 | Tue | 6:09 | 3.1 | 6:34 | 4.4 | 12:25 | 0.7 | 12:09 | 0.7 | 5:53 | 8:17 | |
| 26 | Wed | 6:59 | 3.2 | 7:20 | 4.5 | 1:16 | 0.6 | 12:57 | 0.7 | 5:54 | 8:16 | |
| 27 | Thu | 7:46 | 3.3 | 8:03 | 4.5 | 2:01 | 0.5 | 1:43 | 0.6 | 5:55 | 8:15 | |
| 28 | Fri | 8:29 | 3.4 | 8:43 | 4.6 | 2:41 | 0.4 | 2:26 | 0.5 | 5:56 | 8:14 | |
| 29 | Sat | 9:08 | 3.5 | 9:19 | 4.5 | 3:17 | 0.4 | 3:04 | 0.5 | 5:56 | 8:13 | |
| 30 | Sun | 9:44 | 3.6 | 9:54 | 4.4 | 3:50 | 0.3 | 3:41 | 0.6 | 5:57 | 8:12 | |
| 31 | Mon | 10:19 | 3.7 | 10:28 | 4.3 | 4:22 | 0.4 | 4:17 | 0.6 | 5:58 | 8:11 | |