

Toms River, NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:00	1.1	4:33	1.0	10:39	0.2	11:03	0.3	5:55	8:10	
2	Mon	4:46	1.0	5:31	1.0	11:31	0.2			5:56	8:09	
3	Tue	5:37	1.0	6:34	1.0	12:06	0.4	12:28	0.2	5:57	8:08	
4	Wed	6:33	0.9	7:38	1.1	1:10	0.4	1:23	0.1	5:58	8:07	
5	Thu	7:30	0.9	8:38	1.1	2:07	0.4	2:15	0.1	5:59	8:06	
6	Fri	8:25	0.9	9:38	1.1	3:01	0.4	3:07	0.1	6:00	8:04	
7	Sat	9:21	0.9	10:35	1.1	3:58	0.4	4:02	0.1	6:01	8:03	
8	Sun	10:18	0.9	11:22	1.2	4:54	0.4	4:56	0.1	6:02	8:02	
9	Mon	11:11	1.0			5:43	0.4	5:46	0.1	6:03	8:01	
10	Tue	12:01	1.2	11:58 AM	1.0	6:28	0.3	6:33	0.2	6:04	8:00	
11	Wed	12:40	1.1	12:44	1.0	7:13	0.3	7:19	0.2	6:04	7:58	
12	Thu	1:20	1.1	1:32	1.0	7:58	0.3	8:08	0.3	6:05	7:57	
13	Fri	2:04	1.1	2:24	1.0	8:43	0.3	8:56	0.3	6:06	7:56	
14	Sat	2:49	1.1	3:14	1.0	9:28	0.3	9:44	0.4	6:07	7:54	
15	Sun	3:33	1.0	4:02	1.0	10:11	0.3	10:33	0.4	6:08	7:53	
16	Mon	4:15	1.0	4:50	1.0	10:57	0.3	11:26	0.5	6:09	7:52	
17	Tue	4:59	1.0	5:42	1.0	11:48	0.3			6:10	7:50	
18	Wed	5:48	0.9	6:40	1.0	12:26	0.5	12:42	0.3	6:11	7:49	
19	Thu	6:42	0.9	7:35	1.0	1:22	0.5	1:32	0.3	6:12	7:47	
20	Fri	7:35	0.9	8:27	1.1	2:12	0.5	2:19	0.3	6:13	7:46	
21	Sat	8:26	0.9	9:18	1.1	3:02	0.5	3:06	0.3	6:14	7:45	
22	Sun	9:18	1.0	10:10	1.2	3:53	0.5	3:57	0.3	6:15	7:43	
23	Mon	10:11	1.0	10:57	1.2	4:45	0.4	4:48	0.2	6:16	7:42	
24	Tue	11:02	1.0	11:41	1.2	5:32	0.4	5:37	0.2	6:17	7:40	
25	Wed	11:50	1.1			6:16	0.3	6:23	0.2	6:18	7:39	
26	Thu	12:23	1.2	12:37	1.1	7:00	0.3	7:11	0.2	6:19	7:37	
27	Fri	1:07	1.2	1:28	1.1	7:45	0.3	8:03	0.3	6:20	7:36	
28	Sat	1:55	1.2	2:24	1.2	8:32	0.3	8:57	0.3	6:21	7:34	
29	Sun	2:45	1.1	3:20	1.2	9:20	0.3	9:51	0.4	6:22	7:33	
30	Mon	3:34	1.1	4:15	1.2	10:09	0.2	10:47	0.4	6:23	7:31	
31	Tue	4:22	1.1	5:11	1.2	11:01	0.3	11:49	0.5	6:23	7:29	