

Toms River, NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:57	0.4	2:36	0.7	8:18	-0.2	9:17	-0.1	7:18	4:42	
2	Tue	2:50	0.5	3:19	0.7	9:07	-0.1	10:03	-0.1	7:18	4:43	
3	Wed	3:42	0.5	4:03	0.6	10:04	-0.1	10:53	-0.2	7:18	4:44	
4	Thu	4:41	0.5	4:52	0.6	11:11	0.0	11:45	-0.2	7:18	4:44	
5	Fri	5:45	0.6	5:45	0.5			12:17	0.0	7:18	4:45	
6	Sat	6:48	0.6	6:38	0.5	12:35	-0.3	1:17	0.0	7:18	4:46	
7	Sun	7:48	0.7	7:31	0.4	1:23	-0.3	2:15	0.0	7:18	4:47	
8	Mon	8:52	0.7	8:27	0.4	2:14	-0.4	3:17	0.0	7:18	4:48	
9	Tue	9:52	0.7	9:25	0.4	3:09	-0.4	4:15	0.0	7:18	4:49	
10	Wed	10:41	0.8	10:18	0.4	4:04	-0.4	5:06	-0.1	7:18	4:50	
11	Thu	11:25	0.8	11:08	0.5	4:55	-0.4	5:54	-0.1	7:17	4:51	
12	Fri			12:09	0.7	5:44	-0.4	6:41	-0.1	7:17	4:52	
13	Sat			12:55	0.7	6:33	-0.3	7:30	-0.1	7:17	4:53	
14	Sun	12:51	0.4	1:41	0.7	7:24	-0.3	8:16	-0.1	7:16	4:54	
15	Mon	1:48	0.4	2:23	0.6	8:14	-0.2	8:59	-0.1	7:16	4:55	
16	Tue	2:40	0.4	3:03	0.6	9:03	-0.2	9:43	-0.2	7:16	4:57	
17	Wed	3:29	0.4	3:43	0.5	9:54	-0.1	10:31	-0.2	7:15	4:58	
18	Thu	4:21	0.4	4:26	0.5	10:53	0.0	11:22	-0.2	7:15	4:59	
19	Fri	5:20	0.5	5:16	0.4	11:55	0.0			7:14	5:00	
20	Sat	6:21	0.5	6:08	0.4	12:12	-0.2	12:50	0.0	7:14	5:01	
21	Sun	7:16	0.5	6:58	0.4	12:58	-0.2	1:41	0.0	7:13	5:02	
22	Mon	8:09	0.5	7:48	0.4	1:43	-0.2	2:34	0.0	7:12	5:03	
23	Tue	9:03	0.6	8:40	0.4	2:31	-0.3	3:30	0.0	7:12	5:05	
24	Wed	9:52	0.6	9:32	0.4	3:21	-0.3	4:20	0.0	7:11	5:06	
25	Thu	10:33	0.7	10:20	0.4	4:10	-0.3	5:05	-0.1	7:10	5:07	
26	Fri	11:12	0.7	11:05	0.4	4:54	-0.3	5:48	-0.1	7:10	5:08	
27	Sat	11:52	0.7	11:50	0.4	5:37	-0.3	6:31	-0.1	7:09	5:09	
28	Sun			12:35	0.7	6:22	-0.3	7:16	-0.1	7:08	5:10	
29	Mon	12:41	0.5	1:21	0.7	7:10	-0.3	8:00	-0.2	7:07	5:12	
30	Tue	1:36	0.5	2:06	0.6	8:01	-0.2	8:42	-0.2	7:06	5:13	
31	Wed	2:30	0.5	2:50	0.6	8:53	-0.2	9:26	-0.2	7:06	5:14	