




























Toms River, NJ - Jan 2020

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 3:19 | 0.4 | 3:51 | 0.6 | 9:46 | -0.1 | 10:43 | -0.1 | 7:18 | 4:42 |  |
| 2 | Thu | 4:10 | 0.4 | 4:36 | 0.6 | 10:43 | -0.1 | 11:34 | -0.1 | 7:18 | 4:42 |  |
| 3 | Fri | 5:07 | 0.4 | 5:25 | 0.5 | 11:43 | 0.0 | | | 7:18 | 4:43 |  |
| 4 | Sat | 6:07 | 0.5 | 6:14 | 0.5 | 12:21 | -0.1 | 12:38 | 0.0 | 7:18 | 4:44 |  |
| 5 | Sun | 7:02 | 0.5 | 7:01 | 0.5 | 1:04 | -0.2 | 1:30 | 0.0 | 7:18 | 4:45 |  |
| 6 | Mon | 7:54 | 0.6 | 7:49 | 0.5 | 1:46 | -0.2 | 2:22 | 0.0 | 7:18 | 4:46 |  |
| 7 | Tue | 8:47 | 0.6 | 8:38 | 0.4 | 2:31 | -0.2 | 3:19 | 0.0 | 7:18 | 4:47 |  |
| 8 | Wed | 9:39 | 0.7 | 9:29 | 0.4 | 3:18 | -0.3 | 4:13 | 0.0 | 7:18 | 4:48 |  |
| 9 | Thu | 10:26 | 0.7 | 10:17 | 0.4 | 4:06 | -0.3 | 5:02 | -0.1 | 7:18 | 4:49 |  |
| 10 | Fri | 11:10 | 0.8 | 11:03 | 0.4 | 4:51 | -0.3 | 5:49 | -0.1 | 7:18 | 4:50 |  |
| 11 | Sat | 11:55 | 0.8 | 11:49 | 0.4 | 5:35 | -0.3 | 6:37 | -0.1 | 7:17 | 4:51 |  |
| 12 | Sun | | | 12:44 | 0.8 | 6:21 | -0.4 | 7:27 | -0.1 | 7:17 | 4:52 |  |
| 13 | Mon | 12:41 | 0.4 | 1:35 | 0.8 | 7:11 | -0.3 | 8:16 | -0.1 | 7:17 | 4:53 |  |
| 14 | Tue | 1:38 | 0.4 | 2:24 | 0.7 | 8:04 | -0.3 | 9:03 | -0.2 | 7:16 | 4:54 |  |
| 15 | Wed | 2:34 | 0.5 | 3:10 | 0.7 | 8:58 | -0.3 | 9:52 | -0.2 | 7:16 | 4:55 |  |
| 16 | Thu | 3:29 | 0.5 | 3:56 | 0.6 | 9:54 | -0.2 | 10:44 | -0.2 | 7:16 | 4:56 |  |
| 17 | Fri | 4:28 | 0.5 | 4:46 | 0.6 | 10:59 | -0.1 | 11:39 | -0.2 | 7:15 | 4:57 |  |
| 18 | Sat | 5:35 | 0.5 | 5:39 | 0.5 | | | 12:05 | -0.1 | 7:15 | 4:58 |  |
| 19 | Sun | 6:41 | 0.6 | 6:33 | 0.5 | 12:31 | -0.3 | 1:04 | -0.1 | 7:14 | 5:00 |  |
| 20 | Mon | 7:44 | 0.6 | 7:24 | 0.5 | 1:19 | -0.3 | 2:00 | 0.0 | 7:14 | 5:01 |  |
| 21 | Tue | 8:48 | 0.6 | 8:17 | 0.4 | 2:08 | -0.3 | 2:59 | 0.0 | 7:13 | 5:02 |  |
| 22 | Wed | 9:47 | 0.7 | 9:12 | 0.4 | 3:00 | -0.4 | 3:57 | 0.0 | 7:13 | 5:03 |  |
| 23 | Thu | 10:31 | 0.7 | 10:04 | 0.4 | 3:53 | -0.4 | 4:48 | -0.1 | 7:12 | 5:04 |  |
| 24 | Fri | 11:09 | 0.7 | 10:50 | 0.4 | 4:41 | -0.4 | 5:33 | -0.1 | 7:11 | 5:05 |  |
| 25 | Sat | 11:47 | 0.7 | 11:34 | 0.4 | 5:26 | -0.3 | 6:18 | -0.1 | 7:11 | 5:07 |  |
| 26 | Sun | | | 12:28 | 0.7 | 6:11 | -0.3 | 7:04 | -0.1 | 7:10 | 5:08 |  |
| 27 | Mon | 12:20 | 0.4 | 1:11 | 0.6 | 6:57 | -0.3 | 7:49 | -0.1 | 7:09 | 5:09 |  |
| 28 | Tue | 1:11 | 0.4 | 1:55 | 0.6 | 7:44 | -0.2 | 8:33 | -0.1 | 7:08 | 5:10 |  |
| 29 | Wed | 2:02 | 0.4 | 2:36 | 0.6 | 8:31 | -0.2 | 9:15 | -0.1 | 7:07 | 5:11 |  |
| 30 | Thu | 2:51 | 0.4 | 3:16 | 0.6 | 9:17 | -0.1 | 9:59 | -0.1 | 7:07 | 5:12 |  |
| 31 | Fri | 3:39 | 0.4 | 3:58 | 0.5 | 10:08 | -0.1 | 10:47 | -0.1 | 7:06 | 5:14 |  |