

































Avalon, Ocean Drive Bridge, NJ - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:39	4.8	6:01	3.3			12:06	-0.3	7:18	4:47	
2	Fri	6:37	5.0	7:01	3.4			1:03	-0.5	7:18	4:47	
3	Sat	7:33	5.1	7:57	3.5	12:48	-0.6	1:55	-0.6	7:18	4:48	
4	Sun	8:25	5.1	8:49	3.6	1:42	-0.6	2:44	-0.6	7:18	4:49	
5	Mon	9:14	4.9	9:39	3.7	2:34	-0.6	3:32	-0.5	7:18	4:50	
6	Tue	10:01	4.7	10:27	3.7	3:25	-0.4	4:19	-0.4	7:18	4:51	
7	Wed	10:45	4.3	11:14	3.6	4:17	-0.2	5:04	-0.2	7:18	4:52	
8	Thu	11:28	4.0			5:10	0.0	5:48	0.0	7:18	4:53	
9	Fri	12:01	3.6	12:11	3.6	6:04	0.3	6:32	0.1	7:17	4:54	
10	Sat	12:49	3.6	12:56	3.3	6:59	0.5	7:16	0.3	7:17	4:55	
11	Sun	1:43	3.5	1:47	3.0	7:58	0.6	8:02	0.4	7:17	4:56	
12	Mon	2:40	3.6	2:44	2.8	9:00	0.7	8:52	0.4	7:17	4:57	
13	Tue	3:37	3.7	3:41	2.8	10:00	0.7	9:43	0.4	7:16	4:58	
14	Wed	4:30	3.8	4:35	2.8	10:55	0.5	10:33	0.3	7:16	4:59	
15	Thu	5:20	4.0	5:27	2.8	11:47	0.4	11:21	0.2	7:16	5:00	
16	Fri	6:08	4.1	6:17	2.9			12:34	0.2	7:15	5:01	
17	Sat	6:53	4.3	7:04	3.0	12:08	0.1	1:16	0.1	7:15	5:02	
18	Sun	7:36	4.4	7:48	3.1	12:51	0.0	1:54	0.0	7:14	5:03	
19	Mon	8:15	4.4	8:29	3.2	1:32	-0.1	2:30	-0.1	7:14	5:04	
20	Tue	8:53	4.4	9:08	3.4	2:12	-0.2	3:05	-0.2	7:13	5:05	
21	Wed	9:30	4.4	9:47	3.5	2:52	-0.2	3:40	-0.2	7:13	5:07	
22	Thu	10:07	4.2	10:28	3.6	3:35	-0.2	4:18	-0.2	7:12	5:08	
23	Fri	10:47	4.0	11:12	3.7	4:23	-0.1	4:58	-0.2	7:12	5:09	
24	Sat	11:30	3.8			5:16	0.0	5:42	-0.2	7:11	5:10	
25	Sun	12:02	3.8	12:19	3.5	6:16	0.2	6:31	-0.1	7:10	5:11	
26	Mon	1:00	3.9	1:18	3.2	7:23	0.3	7:27	-0.1	7:10	5:12	
27	Tue	2:08	4.0	2:30	3.0	8:35	0.3	8:30	-0.1	7:09	5:13	
28	Wed	3:21	4.2	3:43	3.0	9:48	0.2	9:36	-0.1	7:08	5:15	
29	Thu	4:28	4.4	4:51	3.1	10:55	0.0	10:40	-0.3	7:07	5:16	
30	Fri	5:30	4.6	5:53	3.2	11:56	-0.2	11:42	-0.4	7:06	5:17	
31	Sat	6:28	4.8	6:50	3.4			12:50	-0.4	7:06	5:18	