US HARBORS www.USHarbors.com

Albany, NY - Aug 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:22	3.5	7:22	0.6	6:34	0.5	4:49	7:19	
2	Fri	12:15	5.0	1:25	3.6	8:22	0.3	7:50	0.4	4:50	7:18	
3	Sat	1:22	5.1	2:20	3.9	9:16	0.0	8:55	0.2	4:51	7:17	
4	Sun	2:19	5.3	3:10	4.1	10:08	-0.3	9:54	-0.1	4:53	7:15	
5	Mon	3:11	5.4	3:59	4.4	10:56	-0.6	10:48	-0.3	4:54	7:14	
6	Tue	4:02	5.5	4:48	4.6	11:42	-0.8	11:41	-0.4	4:55	7:13	
7	Wed	4:54	5.4	5:39	4.8			12:28	-0.9	4:56	7:12	
8	Thu	5:48	5.3	6:31	4.9	12:33	-0.5	1:13	-0.9	4:57	7:10	
9	Fri	6:44	5.1	7:25	5.1	1:26	-0.4	1:59	-0.8	4:58	7:09	
10	Sat	7:41	4.9	8:19	5.2	2:21	-0.3	2:45	-0.7	4:59	7:08	
11	Sun	8:39	4.7	9:14	5.2	3:18	-0.2	3:34	-0.5	5:00	7:06	
12	Mon	9:38	4.4	10:10	5.1	4:18	0.0	4:25	-0.3	5:01	7:05	
13	Tue	10:38	4.2	11:07	5.1	5:19	0.0	5:20	-0.1	5:02	7:03	
14	Wed	11:38	4.1			6:19	0.0	6:16	0.0	5:03	7:02	
15	Thu	12:04	5.0	12:37	4.1	7:18	0.0	7:12	0.1	5:04	7:01	
16	Fri	1:00	5.0	1:32	4.2	8:12	-0.2	8:06	0.1	5:05	6:59	
17	Sat	1:51	5.1	2:23	4.3	9:03	-0.3	8:56	0.1	5:07	6:58	
18	Sun	2:37	5.1	3:10	4.4	9:48	-0.4	9:43	0.0	5:08	6:56	
19	Mon	3:19	5.1	3:53	4.5	10:29	-0.5	10:26	0.1	5:09	6:55	
20	Tue	3:58	5.1	4:33	4.5	11:07	-0.4	11:07	0.1	5:10	6:53	
21	Wed	4:34	5.0	5:10	4.5	11:42	-0.4	11:47	0.2	5:11	6:51	
22	Thu	5:07	4.9	5:43	4.6			12:13	-0.3	5:12	6:50	
23	Fri	5:35	4.7	6:09	4.7	12:27	0.2	12:41	-0.2	5:13	6:48	
24	Sat	6:00	4.6	6:25	4.8	1:07	0.3	1:05	-0.2	5:14	6:47	
25	Sun	6:33	4.4	6:52	5.0	1:50	0.4	1:29	-0.2	5:15	6:45	
26	Mon	7:14	4.2	7:32	5.1	2:39	0.6	2:01	-0.1	5:16	6:43	
27	Tue	8:04	4.0	8:18	5.1	3:37	0.7	2:41	0.1	5:17	6:42	
28	Wed	9:08	3.7	9:13	5.0	4:44	0.8	3:34	0.3	5:18	6:40	
29	Thu	10:38	3.6	10:19	4.9	5:51	0.7	4:47	0.5	5:20	6:38	
30	Fri	11:57	3.6	11:48	4.8	6:56	0.5	6:19	0.5	5:21	6:37	
31	Sat			1:01	3.8	7:55	0.2	7:35	0.3	5:22	6:35	