US HARBORS www.USHarbors.com

Albany, NY - Jul 1740

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**8:17**	4.8	**10:06**	4.8	**3:27**	1.1	**4:11**	0.5	4:24	7:40	
2	Sat	**9:15**	4.5	**10:54**	4.9	**4:32**	1.2	**4:56**	0.5	4:24	7:40	
3	Sun	**10:43**	4.3	**11:42**	5.0	**5:41**	1.1	**5:47**	0.6	4:25	7:39	
4	Mon	**11:57**	4.2			**6:47**	1.0	**6:42**	0.6	4:26	7:39	
5	Tue	**12:30**	5.2	**12:58**	4.1	**7:48**	0.7	**7:38**	0.5	4:26	7:39	
6	Wed	**1:16**	5.4	**1:52**	4.2	**8:46**	0.4	**8:34**	0.4	4:27	7:39	
7	Thu	**2:00**	5.6	**2:42**	4.3	**9:40**	0.1	**9:28**	0.3	4:27	7:38	
8	Fri	**2:43**	5.8	**3:30**	4.4	**10:31**	-0.1	**10:21**	0.2	4:28	7:38	
9	Sat	**3:27**	5.9	**4:18**	4.5	**11:20**	-0.3	**11:13**	0.1	4:29	7:37	
10	Sun	**4:14**	5.9	**5:09**	4.5			**12:09**	-0.5	4:30	7:37	
11	Mon	**5:06**	5.8	**6:04**	4.6	**12:06**	0.0	**12:57**	-0.5	4:30	7:36	
12	Tue	**6:04**	5.7	**7:01**	4.8	**12:59**	-0.1	**1:46**	-0.6	4:31	7:36	
13	Wed	**7:07**	5.5	**7:59**	4.9	**1:53**	-0.1	**2:35**	-0.6	4:32	7:35	
14	Thu	**8:10**	5.4	**8:56**	5.1	**2:50**	-0.1	**3:26**	-0.5	4:33	7:35	
15	Fri	**9:11**	5.2	**9:53**	5.2	**3:49**	0.0	**4:17**	-0.5	4:34	7:34	
16	Sat	**10:11**	5.0	**10:50**	5.3	**4:50**	0.0	**5:10**	-0.4	4:35	7:33	
17	Sun	**11:11**	4.8	**11:46**	5.4	**5:51**	-0.1	**6:03**	-0.4	4:35	7:33	
18	Mon			**12:09**	4.7	**6:51**	-0.1	**6:57**	-0.3	4:36	7:32	
19	Tue	**12:41**	5.5	**1:05**	4.7	**7:48**	-0.3	**7:49**	-0.2	4:37	7:31	
20	Wed	**1:32**	5.5	**1:58**	4.7	**8:43**	-0.4	**8:39**	-0.2	4:38	7:30	
21	Thu	**2:20**	5.6	**2:48**	4.7	**9:33**	-0.5	**9:26**	-0.1	4:39	7:30	
22	Fri	**3:04**	5.5	**3:35**	4.7	**10:20**	-0.6	**10:11**	0.0	4:40	7:29	
23	Sat	**3:45**	5.4	**4:20**	4.6	**11:04**	-0.6	**10:53**	0.1	4:41	7:28	
24	Sun	**4:24**	5.3	**5:04**	4.6	**11:45**	-0.5	**11:32**	0.2	4:42	7:27	
25	Mon	**5:00**	5.2	**5:47**	4.5			**12:24**	-0.4	4:43	7:26	
26	Tue	**5:33**	5.1	**6:29**	4.4	**12:10**	0.3	**1:01**	-0.3	4:44	7:25	
27	Wed	**5:58**	5.0	**7:09**	4.5	**12:47**	0.4	**1:35**	-0.2	4:45	7:24	
28	Thu	**6:21**	4.8	**7:46**	4.5	**1:25**	0.5	**2:08**	-0.1	4:46	7:23	
29	Fri	**6:56**	4.7	**8:19**	4.6	**2:07**	0.6	**2:38**	0.0	4:47	7:22	
30	Sat	**7:40**	4.5	**8:48**	4.7	**2:56**	0.6	**3:10**	0.0	4:48	7:21	
31	Sun	**8:30**	4.3	**9:27**	4.8	**3:57**	0.7	**3:50**	0.1	4:49	7:20	