US HARBORS www.USHarbors.com

Albany, NY - Jul 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:24**	5.9	**4:12**	4.5	**11:11**	-0.1	**11:01**	0.3	4:24	7:40	
2	Tue	**4:00**	6.0	**4:57**	4.6	**11:57**	-0.3	**11:50**	0.2	4:25	7:40	
3	Wed	**4:43**	5.9	**5:45**	4.7			**12:44**	-0.3	4:25	7:39	
4	Thu	**5:33**	5.9	**6:38**	4.8	**12:41**	0.2	**1:31**	-0.4	4:26	7:39	
5	Fri	**6:31**	5.7	**7:35**	4.9	**1:33**	0.1	**2:19**	-0.4	4:26	7:39	
6	Sat	**7:35**	5.6	**8:32**	5.0	**2:29**	0.1	**3:09**	-0.4	4:27	7:39	
7	Sun	**8:41**	5.4	**9:30**	5.2	**3:28**	0.2	**4:01**	-0.4	4:28	7:38	
8	Mon	**9:45**	5.2	**10:28**	5.3	**4:29**	0.1	**4:54**	-0.3	4:28	7:38	
9	Tue	**10:48**	5.0	**11:26**	5.4	**5:32**	0.1	**5:49**	-0.3	4:29	7:37	
10	Wed	**11:50**	4.9			**6:33**	0.0	**6:44**	-0.3	4:30	7:37	
11	Thu	**12:23**	5.6	**12:48**	4.9	**7:33**	-0.2	**7:39**	-0.3	4:31	7:36	
12	Fri	**1:17**	5.7	**1:44**	4.9	**8:30**	-0.4	**8:31**	-0.3	4:32	7:36	
13	Sat	**2:07**	5.7	**2:35**	4.9	**9:24**	-0.5	**9:22**	-0.2	4:32	7:35	
14	Sun	**2:54**	5.7	**3:24**	4.9	**10:14**	-0.6	**10:09**	-0.2	4:33	7:35	
15	Mon	**3:38**	5.6	**4:12**	4.8	**11:00**	-0.6	**10:55**	0.0	4:34	7:34	
16	Tue	**4:21**	5.5	**4:59**	4.8	**11:45**	-0.6	**11:37**	0.1	4:35	7:33	
17	Wed	**5:02**	5.3	**5:45**	4.7			**12:27**	-0.4	4:36	7:33	
18	Thu	**5:42**	5.2	**6:32**	4.6	**12:18**	0.3	**1:07**	-0.3	4:37	7:32	
19	Fri	**6:22**	5.0	**7:18**	4.5	**12:58**	0.5	**1:45**	-0.1	4:38	7:31	
20	Sat	**7:01**	4.8	**8:03**	4.5	**1:38**	0.6	**2:22**	0.0	4:38	7:30	
21	Sun	**7:39**	4.6	**8:47**	4.6	**2:20**	0.7	**2:57**	0.1	4:39	7:29	
22	Mon	**8:18**	4.4	**9:31**	4.6	**3:09**	0.8	**3:33**	0.2	4:40	7:29	
23	Tue	**9:12**	4.2	**10:17**	4.7	**4:06**	0.9	**4:12**	0.3	4:41	7:28	
24	Wed	**10:24**	4.0	**11:05**	4.7	**5:10**	0.9	**5:01**	0.3	4:42	7:27	
25	Thu	**11:31**	3.8	**11:56**	4.8	**6:14**	0.8	**5:59**	0.4	4:43	7:26	
26	Fri			**12:32**	3.8	**7:16**	0.6	**7:00**	0.4	4:44	7:25	
27	Sat	**12:47**	5.0	**1:28**	3.8	**8:14**	0.3	**8:00**	0.3	4:45	7:24	
28	Sun	**1:35**	5.2	**2:18**	4.0	**9:08**	0.0	**8:57**	0.1	4:46	7:23	
29	Mon	**2:20**	5.4	**3:05**	4.1	**9:59**	-0.3	**9:51**	0.0	4:47	7:22	
30	Tue	**3:04**	5.5	**3:51**	4.3	**10:47**	-0.5	**10:44**	-0.2	4:48	7:20	
31	Wed	**3:49**	5.6	**4:37**	4.5	**11:34**	-0.7	**11:35**	-0.3	4:49	7:19	