

Albany, NY - Mar 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:41	5.4	5:57	5.4	12:17	0.2	12:34	0.4	6:30	5:44	
2	Sat	6:23	5.4	6:42	5.2	12:52	0.4	1:17	0.6	6:28	5:45	
3	Sun	7:03	5.4	7:28	5.0	1:25	0.6	2:01	0.8	6:26	5:47	
4	Mon	7:42	5.3	8:17	4.8	1:54	0.8	2:47	1.0	6:25	5:48	
5	Tue	8:17	5.3	9:09	4.6	2:21	1.0	3:37	1.1	6:23	5:49	
6	Wed	8:50	5.3	10:05	4.5	2:53	1.1	4:32	1.2	6:21	5:50	
7	Thu	9:31	5.2	11:02	4.4	3:37	1.3	5:31	1.3	6:20	5:51	
8	Fri	10:37	5.1	11:59	4.4	4:38	1.4	6:29	1.2	6:18	5:53	
9	Sat	11:49	5.2			5:51	1.4	7:25	1.1	6:16	5:54	
10	Sun	12:53	4.6	12:50	5.3	7:00	1.3	8:17	0.9	6:14	5:55	
11	Mon	1:42	4.8	1:42	5.4	8:03	1.1	9:05	0.7	6:13	5:56	
12	Tue	2:26	5.1	2:27	5.6	8:59	0.8	9:51	0.6	6:11	5:57	
13	Wed	3:06	5.4	3:09	5.7	9:52	0.6	10:34	0.4	6:09	5:59	
14	Thu	3:44	5.6	3:50	5.8	10:42	0.4	11:16	0.4	6:08	6:00	
15	Fri	4:21	5.9	4:32	5.8	11:32	0.3	11:57	0.4	6:06	6:01	
16	Sat	4:59	6.1	5:19	5.7			12:22	0.3	6:04	6:02	
17	Sun	5:41	6.2	6:12	5.5	12:39	0.5	1:13	0.4	6:02	6:03	
18	Mon	6:28	6.2	7:12	5.3	1:23	0.6	2:08	0.5	6:01	6:04	
19	Tue	7:23	6.1	8:16	5.2	2:11	0.7	3:06	0.7	5:59	6:06	
20	Wed	8:25	5.9	9:23	5.1	3:06	0.9	4:08	0.8	5:57	6:07	
21	Thu	9:34	5.8	10:29	5.0	4:07	1.0	5:10	0.9	5:55	6:08	
22	Fri	10:45	5.6	11:34	5.1	5:12	1.1	6:12	0.9	5:54	6:09	
23	Sat	11:53	5.6			6:17	1.0	7:11	0.7	5:52	6:10	
24	Sun	12:35	5.3	12:56	5.7	7:18	0.9	8:06	0.6	5:50	6:11	
25	Mon	1:31	5.6	1:51	5.8	8:16	0.7	8:57	0.4	5:48	6:13	
26	Tue	2:22	5.8	2:40	5.9	9:09	0.5	9:43	0.4	5:47	6:14	
27	Wed	3:08	6.0	3:25	5.9	9:58	0.5	10:25	0.4	5:45	6:15	
28	Thu	3:51	6.1	4:07	5.9	10:44	0.5	11:04	0.5	5:43	6:16	
29	Fri	4:31	6.1	4:48	5.7	11:28	0.6	11:39	0.7	5:41	6:17	
30	Sat	5:08	6.1	5:29	5.5			12:11	0.7	5:40	6:18	
31	Sun	5:43	6.0	6:12	5.3	12:11	0.9	12:52	0.9	5:38	6:19	