

Albany, NY - Aug 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:45	4.5	10:31	5.2	4:59	0.4	5:02	-0.1	5:46	8:15	
2	Fri	10:57	4.2	11:33	5.1	6:08	0.5	6:01	0.0	5:48	8:14	
3	Sat			12:14	4.0	7:16	0.4	7:07	0.1	5:49	8:13	
4	Sun	12:41	5.1	1:25	4.0	8:22	0.2	8:13	0.1	5:50	8:11	
5	Mon	1:46	5.2	2:29	4.0	9:23	0.0	9:16	0.0	5:51	8:10	
6	Tue	2:46	5.3	3:26	4.2	10:20	-0.3	10:15	-0.1	5:52	8:09	
7	Wed	3:42	5.3	4:19	4.4	11:12	-0.5	11:10	-0.3	5:53	8:08	
8	Thu	4:33	5.4	5:10	4.5			12:01	-0.7	5:54	8:06	
9	Fri	5:23	5.3	6:00	4.5	12:01	-0.3	12:47	-0.7	5:55	8:05	
10	Sat	6:11	5.2	6:50	4.6	12:51	-0.3	1:30	-0.7	5:56	8:04	
11	Sun	7:00	5.0	7:39	4.6	1:39	-0.1	2:12	-0.5	5:57	8:02	
12	Mon	7:49	4.8	8:28	4.6	2:27	0.0	2:52	-0.4	5:58	8:01	
13	Tue	8:40	4.6	9:16	4.7	3:16	0.2	3:31	-0.2	5:59	7:59	
14	Wed	9:32	4.3	10:04	4.7	4:07	0.4	4:08	0.0	6:00	7:58	
15	Thu	10:25	4.1	10:53	4.6	5:01	0.5	4:47	0.2	6:01	7:56	
16	Fri	11:21	3.8	11:43	4.6	5:57	0.6	5:29	0.4	6:02	7:55	
17	Sat			12:19	3.7	6:55	0.5	6:20	0.5	6:03	7:53	
18	Sun	12:36	4.6	1:17	3.7	7:52	0.4	7:17	0.6	6:05	7:52	
19	Mon	1:30	4.7	2:12	3.7	8:46	0.2	8:15	0.5	6:06	7:50	
20	Tue	2:20	4.8	3:02	3.9	9:37	0.0	9:11	0.4	6:07	7:49	
21	Wed	3:06	4.9	3:47	4.0	10:24	-0.2	10:03	0.2	6:08	7:47	
22	Thu	3:47	5.0	4:28	4.2	11:07	-0.4	10:52	0.1	6:09	7:46	
23	Fri	4:23	5.1	5:06	4.4	11:48	-0.5	11:39	-0.1	6:10	7:44	
24	Sat	4:56	5.2	5:41	4.6			12:27	-0.5	6:11	7:42	
25	Sun	5:29	5.2	6:15	4.8	12:25	-0.1	1:05	-0.6	6:12	7:41	
26	Mon	6:06	5.1	6:50	5.0	1:12	-0.1	1:43	-0.6	6:13	7:39	
27	Tue	6:49	5.0	7:29	5.2	2:00	-0.1	2:21	-0.5	6:14	7:38	
28	Wed	7:38	4.8	8:14	5.3	2:51	0.0	3:01	-0.4	6:15	7:36	
29	Thu	8:35	4.6	9:06	5.3	3:47	0.1	3:47	-0.2	6:16	7:34	
30	Fri	9:41	4.3	10:06	5.2	4:49	0.3	4:40	-0.1	6:17	7:33	
31	Sat	10:54	4.1	11:15	5.1	5:55	0.3	5:45	0.1	6:19	7:31	