

Albany, NY - Dec 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:25	5.0	1:55	5.5	8:12	0.0	8:52	0.1	7:05	4:22	
2	Mon	2:13	4.9	2:38	5.6	8:56	0.0	9:41	0.0	7:06	4:22	
3	Tue	2:59	4.9	3:18	5.6	9:37	0.1	10:27	0.0	7:07	4:22	
4	Wed	3:43	4.7	3:54	5.6	10:15	0.3	11:11	0.0	7:08	4:21	
5	Thu	4:26	4.6	4:28	5.5	10:51	0.4	11:53	0.1	7:09	4:21	
6	Fri	5:08	4.4	4:56	5.4	11:25	0.5			7:10	4:21	
7	Sat	5:51	4.3	5:18	5.4	12:34	0.2	11:59 AM	0.6	7:11	4:21	
8	Sun	6:33	4.2	5:44	5.4	1:14	0.3	12:34	0.6	7:12	4:21	
9	Mon	7:16	4.2	6:22	5.3	1:55	0.4	1:14	0.6	7:13	4:21	
10	Tue	7:58	4.3	7:08	5.3	2:36	0.4	1:59	0.6	7:14	4:21	
11	Wed	8:41	4.4	8:00	5.2	3:18	0.4	2:51	0.7	7:15	4:21	
12	Thu	9:27	4.5	8:57	5.0	4:02	0.4	3:53	0.8	7:16	4:21	
13	Fri	10:17	4.7	10:02	4.8	4:50	0.4	5:03	0.8	7:16	4:21	
14	Sat	11:10	4.9	11:17	4.7	5:40	0.4	6:15	0.8	7:17	4:22	
15	Sun			12:04	5.2	6:34	0.3	7:22	0.6	7:18	4:22	
16	Mon	12:26	4.6	12:57	5.4	7:29	0.3	8:25	0.4	7:19	4:22	
17	Tue	1:27	4.6	1:47	5.6	8:24	0.2	9:24	0.2	7:19	4:22	
18	Wed	2:22	4.6	2:36	5.7	9:19	0.1	10:20	0.0	7:20	4:23	
19	Thu	3:15	4.6	3:25	5.8	10:14	0.1	11:13	-0.1	7:20	4:23	
20	Fri	4:08	4.6	4:17	5.7	11:07	0.0			7:21	4:24	
21	Sat	5:03	4.5	5:13	5.6	12:05	-0.1	12:00	0.0	7:22	4:24	
22	Sun	6:01	4.5	6:13	5.4	12:56	-0.1	12:54	0.0	7:22	4:25	
23	Mon	7:01	4.5	7:16	5.3	1:47	-0.1	1:48	0.1	7:22	4:25	
24	Tue	8:01	4.6	8:18	5.1	2:38	-0.1	2:44	0.1	7:23	4:26	
25	Wed	8:59	4.7	9:17	5.0	3:29	-0.1	3:42	0.2	7:23	4:26	
26	Thu	9:55	4.8	10:13	4.9	4:19	0.0	4:40	0.3	7:24	4:27	
27	Fri	10:51	4.9	11:09	4.7	5:09	0.0	5:39	0.4	7:24	4:28	
28	Sat	11:44	5.1			5:58	0.1	6:38	0.3	7:24	4:29	
29	Sun	12:04	4.6	12:36	5.2	6:46	0.1	7:34	0.2	7:24	4:29	
30	Mon	12:58	4.6	1:25	5.3	7:34	0.2	8:27	0.1	7:24	4:30	
31	Tue	1:48	4.6	2:10	5.3	8:20	0.3	9:12	0.0	7:25	4:31	