

Albany, NY - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:32	4.6	2:46	5.4	8:58	0.3	9:59	0.0	7:25	4:32	
2	Thu	3:17	4.5	3:24	5.3	9:40	0.3	10:43	0.0	7:25	4:33	
3	Fri	3:59	4.5	3:58	5.3	10:20	0.3	11:24	0.0	7:25	4:34	
4	Sat	4:40	4.4	4:27	5.3	10:59	0.4			7:25	4:34	
5	Sun	5:20	4.4	4:51	5.2	12:04	0.1	11:38 AM	0.4	7:25	4:35	
6	Mon	5:57	4.4	5:18	5.3	12:42	0.1	12:17	0.4	7:25	4:36	
7	Tue	6:31	4.4	5:56	5.2	1:20	0.2	12:58	0.4	7:24	4:37	
8	Wed	7:04	4.6	6:41	5.2	1:56	0.2	1:43	0.4	7:24	4:38	
9	Thu	7:41	4.7	7:31	5.0	2:33	0.2	2:34	0.5	7:24	4:39	
10	Fri	8:25	4.9	8:25	4.8	3:12	0.2	3:34	0.7	7:24	4:41	
11	Sat	9:15	5.0	9:28	4.5	3:57	0.3	4:45	0.8	7:23	4:42	
12	Sun	10:14	5.1	10:47	4.3	4:50	0.4	5:57	0.8	7:23	4:43	
13	Mon	11:20	5.1			5:53	0.4	7:06	0.6	7:23	4:44	
14	Tue	12:05	4.2	12:26	5.2	6:59	0.4	8:10	0.4	7:22	4:45	
15	Wed	1:12	4.2	1:28	5.4	8:03	0.3	9:09	0.2	7:22	4:46	
16	Thu	2:11	4.3	2:25	5.5	9:04	0.2	10:04	-0.1	7:21	4:47	
17	Fri	3:06	4.5	3:20	5.6	10:00	0.0	10:56	-0.2	7:21	4:49	
18	Sat	3:59	4.6	4:13	5.6	10:54	-0.2	11:46	-0.3	7:20	4:50	
19	Sun	4:51	4.7	5:07	5.5	11:46	-0.3			7:20	4:51	
20	Mon	5:45	4.8	6:02	5.4	12:33	-0.4	12:37	-0.2	7:19	4:52	
21	Tue	6:39	4.8	6:57	5.3	1:20	-0.3	1:28	-0.2	7:18	4:54	
22	Wed	7:33	4.9	7:52	5.2	2:05	-0.3	2:20	0.0	7:18	4:55	
23	Thu	8:26	5.0	8:45	5.0	2:51	-0.1	3:14	0.2	7:17	4:56	
24	Fri	9:18	5.0	9:39	4.8	3:36	0.0	4:09	0.3	7:16	4:57	
25	Sat	10:09	5.0	10:34	4.6	4:21	0.2	5:06	0.5	7:15	4:59	
26	Sun	11:01	5.0	11:29	4.5	5:08	0.4	6:03	0.5	7:14	5:00	
27	Mon	11:54	5.0			5:57	0.5	7:00	0.5	7:14	5:01	
28	Tue	12:25	4.4	12:45	5.1	6:47	0.6	7:54	0.4	7:13	5:03	
29	Wed	1:18	4.4	1:34	5.1	7:38	0.6	8:45	0.2	7:12	5:04	
30	Thu	2:08	4.5	2:19	5.2	8:27	0.6	9:32	0.1	7:11	5:05	
31	Fri	2:54	4.5	3:00	5.2	9:13	0.5	10:15	0.1	7:10	5:06	