

## Albany, NY - Mar 1969

| Date |     | High  |     |       |     | Low   |     |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 2:27  | 4.9 | 2:33  | 5.3 | 8:47  | 0.9 | 9:43  | 0.5 | 6:30                                                                                | 5:44 |    |
| 2    | Sun | 3:08  | 5.1 | 3:11  | 5.4 | 9:36  | 0.7 | 10:24 | 0.4 | 6:28                                                                                | 5:45 |    |
| 3    | Mon | 3:46  | 5.2 | 3:46  | 5.5 | 10:22 | 0.6 | 11:02 | 0.4 | 6:27                                                                                | 5:46 |    |
| 4    | Tue | 4:19  | 5.4 | 4:17  | 5.5 | 11:07 | 0.5 | 11:39 | 0.4 | 6:25                                                                                | 5:48 |    |
| 5    | Wed | 4:49  | 5.5 | 4:48  | 5.4 | 11:52 | 0.5 |       |     | 6:23                                                                                | 5:49 |    |
| 6    | Thu | 5:17  | 5.7 | 5:26  | 5.4 | 12:15 | 0.4 | 12:39 | 0.5 | 6:22                                                                                | 5:50 |    |
| 7    | Fri | 5:50  | 5.9 | 6:11  | 5.2 | 12:51 | 0.5 | 1:27  | 0.6 | 6:20                                                                                | 5:51 |    |
| 8    | Sat | 6:31  | 6.0 | 7:04  | 5.1 | 1:29  | 0.6 | 2:20  | 0.7 | 6:18                                                                                | 5:52 |    |
| 9    | Sun | 7:19  | 6.0 | 8:08  | 4.9 | 2:12  | 0.7 | 3:18  | 0.9 | 6:17                                                                                | 5:54 |    |
| 10   | Mon | 8:14  | 5.8 | 9:22  | 4.8 | 3:05  | 0.9 | 4:22  | 1.0 | 6:15                                                                                | 5:55 |    |
| 11   | Tue | 9:23  | 5.7 | 10:36 | 4.7 | 4:11  | 1.0 | 5:27  | 1.0 | 6:13                                                                                | 5:56 |    |
| 12   | Wed | 10:45 | 5.5 | 11:45 | 4.8 | 5:22  | 1.1 | 6:31  | 0.9 | 6:11                                                                                | 5:57 |   |
| 13   | Thu |       |     | 12:01 | 5.5 | 6:31  | 1.0 | 7:31  | 0.7 | 6:10                                                                                | 5:58 |  |
| 14   | Fri | 12:48 | 5.1 | 1:07  | 5.7 | 7:35  | 0.7 | 8:27  | 0.5 | 6:08                                                                                | 5:59 |  |
| 15   | Sat | 1:45  | 5.4 | 2:05  | 5.8 | 8:35  | 0.5 | 9:19  | 0.3 | 6:06                                                                                | 6:01 |  |
| 16   | Sun | 2:37  | 5.6 | 2:56  | 6.0 | 9:30  | 0.2 | 10:07 | 0.2 | 6:04                                                                                | 6:02 |  |
| 17   | Mon | 3:24  | 5.9 | 3:44  | 6.0 | 10:21 | 0.1 | 10:51 | 0.1 | 6:03                                                                                | 6:03 |  |
| 18   | Tue | 4:10  | 6.0 | 4:29  | 5.9 | 11:10 | 0.1 | 11:33 | 0.2 | 6:01                                                                                | 6:04 |  |
| 19   | Wed | 4:54  | 6.0 | 5:15  | 5.8 | 11:57 | 0.2 |       |     | 5:59                                                                                | 6:05 |  |
| 20   | Thu | 5:37  | 6.0 | 6:02  | 5.6 | 12:12 | 0.4 | 12:43 | 0.4 | 5:57                                                                                | 6:06 |  |
| 21   | Fri | 6:19  | 5.9 | 6:50  | 5.4 | 12:50 | 0.7 | 1:30  | 0.7 | 5:56                                                                                | 6:08 |  |
| 22   | Sat | 7:01  | 5.8 | 7:41  | 5.2 | 1:26  | 0.9 | 2:17  | 0.9 | 5:54                                                                                | 6:09 |  |
| 23   | Sun | 7:44  | 5.7 | 8:34  | 5.0 | 2:00  | 1.2 | 3:06  | 1.1 | 5:52                                                                                | 6:10 |  |
| 24   | Mon | 8:28  | 5.5 | 9:29  | 4.9 | 2:34  | 1.4 | 3:57  | 1.3 | 5:50                                                                                | 6:11 |  |
| 25   | Tue | 9:18  | 5.4 | 10:25 | 4.8 | 3:16  | 1.6 | 4:52  | 1.4 | 5:49                                                                                | 6:12 |  |
| 26   | Wed | 10:17 | 5.3 | 11:22 | 4.8 | 4:11  | 1.7 | 5:47  | 1.4 | 5:47                                                                                | 6:13 |  |
| 27   | Thu | 11:20 | 5.2 |       |     | 5:17  | 1.8 | 6:42  | 1.3 | 5:45                                                                                | 6:15 |  |
| 28   | Fri | 12:17 | 4.9 | 12:20 | 5.3 | 6:23  | 1.7 | 7:33  | 1.2 | 5:43                                                                                | 6:16 |  |
| 29   | Sat | 1:08  | 5.1 | 1:13  | 5.4 | 7:24  | 1.5 | 8:20  | 1.1 | 5:42                                                                                | 6:17 |  |
| 30   | Sun | 1:54  | 5.4 | 2:00  | 5.5 | 8:20  | 1.3 | 9:05  | 0.9 | 5:40                                                                                | 6:18 |  |
| 31   | Mon | 2:35  | 5.6 | 2:41  | 5.6 | 9:13  | 1.1 | 9:46  | 0.8 | 5:38                                                                                | 6:19 |  |