

Albany, NY - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:59	6.5	5:54	4.9			12:59	0.4	5:19	8:25	
2	Mon	5:49	6.4	6:52	4.9	12:48	0.9	1:51	0.3	5:19	8:26	
3	Tue	6:46	6.2	7:53	5.0	1:42	0.9	2:42	0.3	5:18	8:27	
4	Wed	7:52	6.0	8:56	5.1	2:38	0.8	3:35	0.3	5:18	8:28	
5	Thu	9:00	5.8	9:56	5.2	3:36	0.8	4:28	0.3	5:17	8:28	
6	Fri	10:06	5.7	10:55	5.4	4:36	0.8	5:21	0.3	5:17	8:29	
7	Sat	11:08	5.6	11:52	5.6	5:37	0.8	6:13	0.3	5:17	8:30	
8	Sun			12:07	5.4	6:39	0.7	7:04	0.3	5:17	8:30	
9	Mon	12:47	5.8	1:04	5.3	7:38	0.6	7:54	0.3	5:16	8:31	
10	Tue	1:39	6.0	1:58	5.3	8:36	0.5	8:43	0.3	5:16	8:32	
11	Wed	2:29	6.1	2:49	5.2	9:30	0.3	9:29	0.4	5:16	8:32	
12	Thu	3:14	6.2	3:37	5.1	10:21	0.2	10:13	0.5	5:16	8:33	
13	Fri	3:55	6.2	4:23	5.1	11:09	0.1	10:54	0.6	5:16	8:33	
14	Sat	4:34	6.1	5:07	5.0	11:53	0.1	11:33	0.8	5:16	8:34	
15	Sun	5:09	6.0	5:51	4.8			12:36	0.2	5:16	8:34	
16	Mon	5:41	5.8	6:35	4.7	12:10	0.9	1:16	0.3	5:16	8:34	
17	Tue	6:07	5.7	7:18	4.6	12:44	1.0	1:56	0.4	5:16	8:35	
18	Wed	6:29	5.7	8:01	4.6	1:19	1.0	2:33	0.5	5:16	8:35	
19	Thu	7:00	5.6	8:43	4.7	1:56	1.1	3:10	0.5	5:16	8:35	
20	Fri	7:41	5.5	9:24	4.8	2:38	1.1	3:47	0.5	5:16	8:36	
21	Sat	8:27	5.3	10:05	4.9	3:26	1.2	4:25	0.6	5:17	8:36	
22	Sun	9:18	5.1	10:48	5.0	4:25	1.2	5:05	0.6	5:17	8:36	
23	Mon	10:15	4.8	11:37	5.2	5:35	1.3	5:52	0.6	5:17	8:36	
24	Tue	11:24	4.5			6:50	1.3	6:46	0.7	5:17	8:36	
25	Wed	12:30	5.4	12:49	4.3	7:59	1.1	7:45	0.7	5:18	8:36	
26	Thu	1:25	5.6	2:00	4.2	9:04	0.8	8:47	0.7	5:18	8:37	
27	Fri	2:18	5.8	3:00	4.3	10:03	0.5	9:47	0.6	5:18	8:37	
28	Sat	3:09	5.9	3:55	4.4	10:59	0.2	10:45	0.5	5:19	8:37	
29	Sun	3:59	6.0	4:48	4.5	11:52	0.0	11:41	0.4	5:19	8:36	
30	Mon	4:51	6.0	5:42	4.5			12:42	-0.2	5:20	8:36	