

Albany, NY - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:45	5.9	6:38	4.6	12:35	0.3	1:32	-0.3	5:20	8:36	
2	Wed	6:43	5.7	7:36	4.7	1:29	0.2	2:21	-0.3	5:21	8:36	
3	Thu	7:44	5.6	8:35	4.8	2:23	0.2	3:10	-0.3	5:21	8:36	
4	Fri	8:45	5.4	9:32	5.0	3:18	0.2	3:59	-0.3	5:22	8:36	
5	Sat	9:44	5.2	10:27	5.2	4:16	0.3	4:48	-0.3	5:23	8:35	
6	Sun	10:41	5.0	11:22	5.3	5:14	0.3	5:37	-0.2	5:23	8:35	
7	Mon	11:38	4.8			6:14	0.3	6:27	-0.1	5:24	8:35	
8	Tue	12:16	5.4	12:35	4.6	7:13	0.3	7:17	0.1	5:25	8:34	
9	Wed	1:09	5.4	1:31	4.5	8:11	0.2	8:06	0.2	5:25	8:34	
10	Thu	1:59	5.5	2:24	4.5	9:06	0.1	8:55	0.2	5:26	8:34	
11	Fri	2:47	5.5	3:15	4.5	9:58	-0.1	9:42	0.3	5:27	8:33	
12	Sat	3:31	5.5	4:02	4.5	10:45	-0.2	10:26	0.4	5:28	8:32	
13	Sun	4:11	5.5	4:47	4.5	11:29	-0.3	11:08	0.4	5:28	8:32	
14	Mon	4:48	5.4	5:29	4.4			12:11	-0.3	5:29	8:31	
15	Tue	5:21	5.4	6:10	4.4			12:50	-0.2	5:30	8:31	
16	Wed	5:49	5.3	6:49	4.4	12:26	0.4	1:27	-0.2	5:31	8:30	
17	Thu	6:12	5.2	7:26	4.4	1:04	0.5	2:02	-0.1	5:32	8:29	
18	Fri	6:40	5.2	7:59	4.5	1:43	0.5	2:35	-0.1	5:33	8:29	
19	Sat	7:18	5.1	8:29	4.7	2:25	0.5	3:07	-0.1	5:34	8:28	
20	Sun	8:03	4.9	9:03	4.9	3:11	0.6	3:38	0.0	5:34	8:27	
21	Mon	8:52	4.7	9:45	5.0	4:06	0.7	4:13	0.0	5:35	8:26	
22	Tue	9:46	4.4	10:36	5.1	5:13	0.8	4:57	0.1	5:36	8:25	
23	Wed	10:52	4.0	11:37	5.1	6:27	0.8	5:55	0.3	5:37	8:25	
24	Thu			12:21	3.8	7:38	0.7	7:10	0.4	5:38	8:24	
25	Fri	12:46	5.2	1:40	3.8	8:44	0.5	8:24	0.4	5:39	8:23	
26	Sat	1:53	5.2	2:44	3.9	9:44	0.2	9:30	0.2	5:40	8:22	
27	Sun	2:54	5.4	3:41	4.1	10:40	-0.2	10:31	0.0	5:41	8:21	
28	Mon	3:51	5.5	4:35	4.3	11:32	-0.4	11:27	-0.2	5:42	8:20	
29	Tue	4:44	5.5	5:27	4.4			12:22	-0.6	5:43	8:19	
30	Wed	5:37	5.5	6:19	4.6	12:21	-0.3	1:09	-0.7	5:44	8:18	
31	Thu	6:31	5.4	7:13	4.7	1:13	-0.4	1:55	-0.8	5:45	8:16	