

Albany, NY - Sep 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:47	4.6	9:15	4.9	3:27	0.0	3:30	-0.2	6:19	7:30	
2	Tue	9:42	4.3	10:06	4.9	4:21	0.2	4:13	0.1	6:20	7:28	
3	Wed	10:38	4.1	10:59	4.8	5:16	0.3	4:59	0.3	6:21	7:26	
4	Thu	11:36	4.0	11:55	4.7	6:13	0.4	5:51	0.5	6:23	7:24	
5	Fri			12:34	3.9	7:10	0.4	6:47	0.6	6:24	7:23	
6	Sat	12:51	4.7	1:31	4.0	8:05	0.3	7:44	0.6	6:25	7:21	
7	Sun	1:46	4.7	2:24	4.1	8:57	0.1	8:39	0.5	6:26	7:19	
8	Mon	2:36	4.8	3:12	4.3	9:44	-0.1	9:31	0.4	6:27	7:17	
9	Tue	3:21	4.9	3:56	4.5	10:27	-0.2	10:19	0.2	6:28	7:16	
10	Wed	4:00	5.0	4:35	4.6	11:07	-0.3	11:05	0.1	6:29	7:14	
11	Thu	4:35	5.0	5:10	4.8	11:45	-0.3	11:49	0.1	6:30	7:12	
12	Fri	5:06	5.0	5:40	4.9			12:20	-0.3	6:31	7:10	
13	Sat	5:34	4.9	6:06	5.1	12:33	0.1	12:54	-0.3	6:32	7:09	
14	Sun	6:04	4.8	6:32	5.3	1:18	0.1	1:26	-0.2	6:33	7:07	
15	Mon	6:41	4.7	7:06	5.4	2:03	0.2	2:00	-0.1	6:34	7:05	
16	Tue	7:27	4.5	7:49	5.5	2:53	0.3	2:36	0.0	6:35	7:03	
17	Wed	8:20	4.3	8:39	5.4	3:48	0.4	3:21	0.1	6:36	7:01	
18	Thu	9:27	4.1	9:39	5.2	4:50	0.6	4:20	0.3	6:38	7:00	
19	Fri	10:48	4.0	10:55	5.1	5:56	0.6	5:35	0.5	6:39	6:58	
20	Sat			12:06	4.0	7:01	0.5	6:51	0.5	6:40	6:56	
21	Sun	12:20	5.0	1:14	4.1	8:02	0.3	8:00	0.3	6:41	6:54	
22	Mon	1:32	5.1	2:15	4.4	9:00	0.0	9:03	0.1	6:42	6:53	
23	Tue	2:34	5.2	3:10	4.8	9:53	-0.3	10:02	-0.2	6:43	6:51	
24	Wed	3:28	5.4	4:00	5.1	10:42	-0.5	10:56	-0.4	6:44	6:49	
25	Thu	4:17	5.5	4:47	5.3	11:28	-0.6	11:47	-0.4	6:45	6:47	
26	Fri	5:04	5.4	5:32	5.4			12:11	-0.6	6:46	6:45	
27	Sat	5:50	5.3	6:16	5.4	12:36	-0.4	12:53	-0.5	6:47	6:44	
28	Sun	6:38	5.0	7:01	5.4	1:25	-0.2	1:32	-0.3	6:48	6:42	
29	Mon	7:27	4.8	7:46	5.2	2:13	0.0	2:11	0.0	6:49	6:40	
30	Tue	8:19	4.6	8:32	5.1	3:02	0.2	2:49	0.3	6:51	6:38	